



BREAKFAST

FROM THE BAKERY

SELECTION OF FRESHLY BAKED PASTRIES

Croissants, Bran Muffins, Brioche, Apple Danish

CEREALS & FRUITS

CRUNCHY GRANOLA

Seasonal fruit salad topped with natural yogurt

COLD CEREALS

Shredded Wheat Fruit Loops
Bran Flakes Special K
Rice Krispies

With sliced bananas, brown sugar, milk or skim milk

HOT CEREALS

Old-Fashioned Oatmeal
Cream of Wheat
Grits

MUESLI

Homemade traditional muesli with your favorite toppings

FRUITS

Half Grapefruit
Banana
Sliced Seasonal Melon

YOGURT SELECTION

Plain or assorted fruit yogurt, regular or fat-free

FARM-FRESH EGGS

(Egg Beaters and egg whites available upon request)

FAST FARE BREAKFAST*

Scrambled eggs, bacon or sausage links, toast

TRADITIONAL FULL ENGLISH BREAKFAST*

Bacon, sausage, black pudding, sautéed mushrooms, grilled tomato and eggs of your choice

OMELETTES*

Choose from plain, ham, cheese, smoked salmon, herbs or mushrooms. Served with hash-brown potatoes and toast

POACHED EGGS*

Toasted farro, peppers, mushrooms

EGGS BENEDICT*

Toasted English muffin, grilled Canadian bacon, poached egg and hollandaise sauce

BAJA EGGS*

Tomatoes, avocado, jalapeños, sour cream and salsa picante

FRITTATA

Feta cheese and spinach

EVERYDAY FAVORITES

PANCAKES OR WAFFLES

Buttermilk or dairy special

FRENCH TOAST

Syrup, caramelized bananas

SMOKED SALMON*

Cream cheese, traditional garnishes

MEDITERRANEAN PLATE

Pan tomàquet, hummus, prosciutto, Manchego cheese

JUICES & BEVERAGES

JUICES

Orange Tomato
Apple V8
Prune

COFFEE

Freshly brewed regular or decaffeinated

TEA OR HERBAL TEA

MILK

Hot or cold
chocolate milk

☐ gluten-free ☐ lactose-free ☐ vegetarian ☐ no sugar added

* Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of foodborne illness, especially if you have certain medical conditions. Please inform your waiter if you have any food allergies or dietary needs. Royal Caribbean International galleries are not food allergen-free environments.