

today

starter fried shrimp
served with plum sauce

♥ fantasy of fresh tropical fruit and berries
arranged on mango sauce

american navy bean soup
simmered with root vegetables

old fashioned chicken noodle soup

mango cream
iced mango cream soup, spiced with fresh ginger

♥ assorted garden and field greens
blue cheese, thousand island, ranch, balsamic vinaigrette or french dressing

didja (as in did you ever ...)
food you always wanted to try, but did not dare

♥ cured salmon and candied tomato
* stewed apples and grapes in lemon dressing

main grilled chicken breast
served over fettuccine, tossed in mushroom cream
freshly grated parmesan cheese (also available as a starter)

♥ seared fillet of redfish
yam and pumpkin hash, green beans

oven roasted turkey
sage and onion stuffing, mashed yam and scallion hash,
panko crusted green beans, cranberry relish

jerked pork loin
slowly roasted center cut pork loin, marinated in island spices and herbs
fried rice, crisp green beans and plantain chip

chili rellenos
vegetarian entrée; corn & potatoes stuffed peppers, served with tomato pilaf rice

from our
comfort kitchen shrimp & fries
breaded, deep-fried shrimps and french fries

♥ denotes healthy options which are low in fat, cholesterol and sodium

after dinner

desserts

old fashioned apple pie
on request with vanilla ice cream

tiramisu
a delicious creamy combination of mascarpone cheese
espresso and sweet chocolate

♥ coconut cake
coconut sponge cake with a low calorie cream

warm chocolate melting cake
served with vanilla ice cream

♥ fresh tropical fruit plate

vanilla • chocolate • strawberry • butter pecan ice cream
sugar-free ice cream is available upon request

orange • pineapple • lime sherbet

port salut • brie • gouda • imported swiss • danish bleu cheese

♥ denotes that these desserts are prepared without sugar, or a sugar substitute

beverages

freshly brewed coffee, regular or decaffeinated
milk • skimmed milk • hot chocolate • iced, hot and herbal teas

specialty coffee

cappuccino \$2.95 latte \$2.95 espresso \$1.95

* liqueurs

sambuca • kahlúa • grand marnier • disaronno amaretto
baileys irish cream • frangelico

* cognacs and brandies

hennessy v.s. • hennessy v.s.o.p. • hennessy x.o.
hennessy black • rémy martin v.s.o.p. • courvoisier v.s.

* dessert wines and ports

croft distinction • graham's six grapes
washington hills, late harvest sweet riesling

* regular bar prices apply