OYAL Breakt From the Bakery

SELECTION OF FRESHLY BAKED PASTRIES

Served with cream cheese, butter or margarine and your choice of:
Orange marmalade • Strawberry jam • Grape jelly • Honey
Blackberry preserves • Apple cinnamon jelly

The Healthy Start

COLD CEREALS

Shredded Wheat A . Bran Flakes A . Rice Krisnies

Froot Loops . Special K . Corn Flakes

Frosted Flakes · Granola A · Raisin Bran · Cheerios Served with sliced bananas, brown sugar, milk or skim milk

HOT CEREALS

Old-fashioned oatmeal A. Cream of wheat A. Grits

Grapefruit half . Banana . Sliced seasonal melon . Kadota figs

REGULAR OR FAT-FREE YOGURT SELECTION Plain or assorted fruit vogurt

From the Griddle

Buttermilk or daily special. Served with syrup

FRENCH TOAST

Served with syrup The International Corner

CRUNCHY GRANOLA

With seasonal fruit salad, topped with natural yogurt

KIPPERED HERRING Capers, onions and boiled potatoes

SMOKED SALMON PLATE* #9 Served with cream cheese and traditional garnishes

The Eas Harbor

(Egg beaters and egg whites A available upon request)

FAST FARE BREAKFAST Scrambled eggs with bacon or sausage links and toast

THE CLASSIC*

Two fried eggs prepared to order, served with hash-brown potatoes, toast and your choice of hickory-smoked bacon, sausage links, turkey sausage or corned beef hash

OMELETS* # 1

Served with hash-browned potatoes and toast prepared plain or with your choice of ham, cheese, smoked salmon", herbs, or mushrooms

HUEVOS RANCHEROS* #

2 fried eggs with baked beans, diced tomatoes, avocado, jalapeños, sour cream and salsa picante

EGGS BENEDICT*

Toasted English muffin topped with grilled Canadian bacon, poached egg and hollandaise sauce



SPECIALTY Beverages

BLOODY MARY

MIMOSA

FRESHLY SQUEEZED ORANGE JUICE

ESPRESSO CAPPUCCINO CAFÉ MOCHA

Available at current bar pricing

JUICES AND BEVERAGES

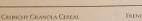
ORANGE · APPLE · PRUNE · TOMATO · V8 FRESHLY BREWED REGULAR OR DECAFFEINATED COFFEE · TEA HERBAL TEA . HOT OR COLD CHOCOLATE . MILK

MY CREATION

BUILD YOUR OWN CEREAL BAR

Choose from our homemade traditional Bircher Muesli or a selection of Granolas and enhance it with your favorite condiments and toppings

KIDS MENU



BANANA PANCAKES With caramel sauce

SCRAMBLED EGGS Hash-browned potatoes with bacon or a grilled tomato

Topped with natural yogurt and honey. Served with a seasonal fruit salad

Served with syrup

Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of foodborne illness, especially if you have certain medical conditions Avitality dishes reflect a lighter, healthier fare Please inform your waiter if you have any food allergies or dietary needs. Royal Caribbean international galleys are not food allergen-free environments.