Your daily guide to life at sea

# PrincessPatter

*escape completely®*

At Sea Sunday Jan. 22, 2012 • Crown Princess • Tonight's dress: Formal

**Weather:** **Today's Forecast:** NE'ly wind, clear skies - High: 77°F (25°C) Low: 70°F (21°C) °F Sunrise: 7:14am - Sunset: 6:10pm
**Tomorrow's Forecast:** Easterly winds and sunny skies – High: 77°F (25°C) Low: 72°F (22°C)

# The Officer's Daily Log

## Meet The Captain of Crown Princess

Captain Nick Nash was born in Cornwall, in the South West of England, where he still lives with his family and a West Highland Terrier.

He ran away to sea at the age of 17 initially working on cargo ships for 10 years and then with the Royal Fleet Auxiliary which supports the Royal Navy.

Nick joined P&O/Princess in 1989 and was promoted to Staff Captain in 1997 and Captain in 2002.

Captain Nash is a Training Captain, a Fellow of The Royal Institute of Navigation and a Younger Brother of Trinity House.

## By Captain Nick Nash

Having sailed this region for numerous times, I'm convinced it offers some of the most enjoyable voyages you'll find anywhere. Like so many of the places Princess Cruises® visits, the Caribbean captivates visitors with an unforgettable combination of natural beauty, fascinating culture and colorful history.

The name of the Caribbean Sea itself comes from the Carib people—the last group to rule the area before the arrival of the Spanish, Portuguese, Dutch, French, Danish and British. Remnants of this colonial history, and legends of piracy, beckon you to go exploring on some of the many available shore excursions..

Our upcoming first port of call is Grand Cayman. Many of the locals consider the island's Seven Mile Beach to be the most picturesque in the Caribbean. Ashore there are ample opportunities for snorkeling and interacting with a variety of marine species including dolphins, sea turtles and stingrays. After Grand Cayman, we'll head to the Island of Roatan, Belize City and the Island of Cozumel, concluding our cruise with a rejuvenating day at sea to sunbathe, take in the ocean views and discover all that Crown Princess has to offer. As you can see, we've got a lot to look forward to!

As Captain of Crown Princess, I'm honored to be your host and look forward to seeing you tonight dressed to the nines at the Champagne Waterfall Reception in the Piazza.

## From the Navigator

Overnight, Crown Princess passed the Florida Keys on our starboard side as we headed southbound through the Straits of Florida. This morning we will cross the Tropic of Cancer, which is one of the five major circles of latitude of the Earth and is the northernmost latitude at which the sun can appear directly overhead at noon. Early in the afternoon we will pass abeam Cabo San Antonio, on Cuba's western coast, on our port side as we navigate through the Yucatán Channel. This 135 mile wide strait separates Mexico and Cuba. After clearing the channel, we will alter course onto a south-easterly heading towards our first port of call, Grand Cayman.

## Energy Conservation

To maximize your comfort and to assist us in the conservation of energy, we kindly request that you refrain from leaving balcony and ship's side doors open.

## Deck / Sun Loungers

As a courtesy to your fellow passengers please be advised that deck/sun loungers must not be reserved/saved and that towels and personal items will be removed by a Princess crewmember after a 15 minute period if the lounger has not been occupied.

## Public Health Reminder

To help maintain a healthy environment, please wash your hands frequently and thoroughly with soap for at least 20 seconds, and rinse them well. We strongly recommend that you follow this procedure each time you use the restroom, after coughing or sneezing and before eating, drinking or smoking. Avoid touching your mouth. We also encourage you to use your private toilet facilities and not the public toilet unless absolutely necessary.

**Romantic Quote of the Day**

"Love is a promise, love is a souvenir, once given never forgotten, never let it disappear." – John Lennon

# How will you escape completely®?

## Refreshing Morning

6:00am-11:00am **"The Wake Show"** The fun way to start your day with Cruise Director Lisa & Deputy Cruise Director Chris. Stateroom TV Channel 21 — Crew's Choice

7:00am **Long, Lean and Stretch Class**
Aerobics Studio, Deck 16 Fwd

8:00am **Informal Bible Study with Your Fellow Passengers**
Hearts & Minds Wedding Chapel, Deck 16 Fwd

8:30am **Walk-A-Mile**
Skywalkers, Deck 18 Aft

8:30am **Late Embarkation Drill**
For those passengers who did not attend yesterday's mandatory drill. Explorers Lounge, Deck 7 Midship

9:00am Onwards **Chanel Event** Join Mireille Morris, Consultant & enter to win a free gift with any Chanel purchase.
Essence, Deck 7.

9:00am-10:30am **Ceramics@Sea** (Fees Apply)
Tradewinds Bar, Deck 16 Fwd

9:00am **Zumba® Fitness Dance Class** — Crew's Choice
Neptune's Reef & Pool, Deck 15 Midship

9:00am **Welcome to Princess Cruises Presentation**
All first-time passengers are invited to learn about the benefits and rewards of continued cruising with Princess.
Explorers Lounge, Deck 7 Midship

9:00am **Spa Seminar: Life Changing Introduction to Acupuncture**
Crown Grill, Deck 7 Aft

9:00am-4:00pm **Cards & Games Are Available**
Crown Grill, Deck 7 Aft

9:30am **Early Risers Team Trivia**
Adagio Bar, Deck 16 Aft

9:30am **Table Tennis Battle of the Sexes Tournament**
Neptune's Pool, Deck 15 Midship

9:45am **Interdenominational Church Service with Galen Lowery**
Explorers Lounge, Deck 7 Midship

10:00am movies under stars **Footloose (2011)**
Starring: Kenny Wormald, Julianne Hough
(PG-13 / 1hr. 55mins.)

10:00am **Bridge Lecture with Instructor Gail Banet**
Conference Center, Deck 6 Fwd Starboard Side

10:00am-1:00pm **Holiday Store at Sea!** Gifts for Only $10.00 Watches, Jewelry, Evening Bags, Ties & More, 3 Hours Only!
Michelangelo Dining Room, Deck 5 Midship

10:00am **Photo Seminar with Platinum Photo Artist Paul**
Meet at Crown Grill, Deck 7 Aft

10:15am **The Shopping Spotlight Show** — Crew's Choice
Join Princess Shopping Host Kyle.
Princess Theater, Decks 6 & 7 Fwd

10:00am **No More Bad-Hair Days Seminar**
Stand a chance to win a free makeover to those who attend. Lotus Spa Deck 16 Fwd

10:45am-11:45am *In the Piazza:* **Morning Melodies**
With our Ship's Musicians. Deck 5 Midship

10:45am **Beginners Line Dance Class**
Club Fusion, Deck 7 Aft

11:00am **Spa Seminar: Detox for Health, Energy & Weight loss**
Lotus Spa, Deck 16 Fwd

11:00am **Spa Seminar: How To Look 10 Years Younger today with Dr Reyes.** Crown Grill, Deck 7 Aft

11:00am **$60 Texas Hold'em Tournament**
Followed by a $1/$2 No Limit Cash Game. Register with the Casino Cashier from 10am. Gatsby's Casino, Deck 6 Fwd

11:00am **Brunchtime Trivia**
Explorers Lounge, Deck 7 Midship

11:00am **Cruise Critics Meeting**
Skywalkers, Deck 18 Aft

11:15am **Ryder Cup Qualifying Round 1**
Princess Links, Deck 19 Aft

11:15am **$1,000 Jackpot Bingo**
Could go in 52 numbers, plus 3 other cash prizes.
Cards available from 10:15am. Club Fusion, Deck 7 Aft

11:30am-2:30pm **British Pub Lunch** Enjoy Fish & Chips, Bangers & Mash, Steak & Kidney Pie and more. Lunch is complimentary. Wheelhouse Bar, Deck 7 Fwd — Crew's Choice

## Relaxing Afternoon

Noon movies under stars **The Help**
Starring: Emma Stone, Viola Davis
(PG-13 / 2hrs. 15mins.)

Noon-1:00pm **On Deck for the Cure Registration Desk**
Piazza, Deck 5

Noon-2:30pm **$500 Slot Tournament Qualifying Rounds**
Followed by the Grand Final. Just $20 entry!
Gatsby's Casino, Deck 6 Fwd

12:15pm *In the Piazza:* **Martini Demonstration**
Deck 5, Midship

12:15pm **The Ultimate Deck Party Line Dance Class** — Crew's Choice
Club Fusion, Deck 7 Aft

12:30pm-1:30pm **Afternoon Tunes with Elements**
Neptune's Reef & Pool, Deck 15 Midship

1:00pm-4:00pm **Organized Bridge Play with Gail Banet**
Conference Center, Deck 6 Fwd Starboard Side

1:00pm **Spa Seminar: Relieving Back Pain**
Lotus Spa, Deck 16 Fwd

1:30pm *In the Piazza:* **Comedy Juggler Etienne**
Deck 5 Midship

1:30pm **Jacqueline Kennedy Event!**
Learn all about the exquisite jewelry worn by Jacqueline Kennedy. Crooners Bar, Deck 7

2:00pm **Ladies Pamper Hour** Complimentary eye treatment to those who attend. Crown Grill, Deck 7 Aft

2:00pm **Champagne Art Auction** — Crew's Choice
Enter Free Early Bird Raffle to win!
(1:00pm Preview) Explorers Lounge, Deck 7 Midship

2:00pm **Wet, Wild and Wacky Pool Games (18yrs & Older only)**
Neptune's Reef & Pool, Deck 15 Midship

## Photo & Video Gallery

**Formal Portraits Tonight**
**No obligation to purchase**
Studio locations in the Piazza on Decks 5, 6 and 7
**Backgrounds open from 5:15pm until 10:30pm**
**Photo/Video Gallery · Deck 7**

PRINCESS CRUISES PRESENTS
**8:30pm & 10:30pm**
**Comedy Showtime**
Starring
Comedian
**Phil Tag**
Hosted by Deputy Cruise Director Chris
**Explorers Lounge, Deck 7 Midship**

## Food & Beverage

**Maitre D' Hotel Wine Club**
A unique wine seminar & tasting, presented by your Head Waiters.
Featuring premium wines from our cellar.
$25 per person. Doors open at 2:45pm.
**3:00pm · Michelangelo, Deck 5**

# Let Princess be your Consummate Host®

2:00pm **Spa Seminar: Non Surgical Facial Lifting**
Crown Grill, Deck 7 Aft

2:00pm **Basketball 3-Point Shoot-out**
Sports Court, Deck 19 Aft

2:15pm *In the Piazza:* **Beginners Ballroom Dance Class: Merengue** Join Cruise Director Lisa.

2:30pm **Matinee Movie: I Don't Know How She Does It**
Starring: Sarah Jessica Parker, Greg Kinnear
(PG-13 / 1hr. 31mins.) Princess Theater, Decks 6 & 7 Fwd

3:00pm *In the Piazza:* **Comedy Juggler Etienne**
Deck 5 Midship

3:00pm movies under the stars **NFL: AFC Championship Baltimore Ravens vs. New England Patriots**
(Satellite reception permitting)

3:00pm **Gemstones Around The World!**
Join Kyle, Princess Shopping Host and onboard jewelers to learn all about Gemstones. Enter to Win a Tanzanite Pendant. Wheelhouse Bar, Deck 7 Fwd

3:00pm-4:30pm **Ceramics@Sea** (Fees Apply)
Tradewinds Bar, Deck 16 Fwd

3:00pm **Maitre D'Hotel Wine Club**
($25 Fee). Michelangelo Dining Room, Deck 5 Midship

3:00pm-4:00pm **Groovin' On Deck with Tyrone Babb**
Neptune's Reef & Pool, Deck 15 Midship

3:15pm **Princess Pop Choir** Crew's Choice
We are looking for as many of you as possible to join the choir. Club Fusion, Deck 7 Aft

3:15pm-3:45pm *In the Piazza:* **Afternoon Piazza Melodies**
With our Ship's Musicians. Deck 5 Midship

3:30pm **Pain, Digestion and Chinese Herbal Medicine**
Crown Grill, Deck 7 Aft

3:30pm **Princess Premier League Soccer Competition**
Sports Court, Deck 19 Aft

3:30pm-4:30pm **Afternoon Tea**
Da Vinci Dining Room, Deck 6 Midship

4:00pm *In the Piazza:* **Comedy Juggler Etienne**
Deck 5 Midship

4:00pm **Water Volleyball**
Neptune's Reef & Pool, Deck 15 Midship

4:15pm **Snowball Jackpot Bingo**
The jackpot of $1,200 if not won this morning, could go in 52 numbers Plus three other cash game prizes. Stateroom charge. Tickets available at 3:15pm. Bingo starts at 4:15pm. Club Fusion, Deck 7 Aft

4:15pm **Adults Dodgeball**
Sports Court, Deck 19 Aft

4:45pm **Service Club Get-together**
Crooners Bar, Deck 7 Midship

5:00pm **Friends of Dr. Bob & Bill W. Meeting**
Conference Center, Deck 6 Port Side

## Enchanting Evening

5:30pm **LGBT Get Together** (Unhosted)
Wheelhouse Bar, Deck 7 Fwd

5:30pm-6:15pm **Cocktail Melodies with Steel Drummer Tyrone Babb**
Wheelhouse Bar, Deck 7 Fwd

6:00pm **Casino No-Smoking Night**
Gatsby's Casino, Deck 6 Fwd

6:00pm **Core, Strength and Stretch** Crew's Choice
Aerobics Studio, Deck 16 Fwd

6:15pm-9:00pm *In the Piazza:* **Evening Melodies**
With our Ship's Musicians. Deck 5 Midship

6:30pm movies under the stars **NFL: NFC Championship New York Giants vs. San Francisco 49ers**
(Satellite reception permitting)

7:15pm-8:15pm *In the Piazza:* **Captain's Champagne Waterfall**
Piazza, Deck 5, Midship

7:15pm-11:00pm **The Piano Stylings of Vadim Tutov**
Adagio Bar, Deck 16 Aft

7:30pm-8:15pm **The Orphea Quartet Plays Your Favorite Hits**
Wheelhouse Bar, Deck 7 Fwd

8:00pm Onwards **In Stateroom Movie: Cowboys & Aliens**
Starring: Daniel Craig, Harrison Ford
(PG-13 / 1hr. 59min.) - Stateroom TV Channel 21

8:30pm & 10:30pm SHOWTIME: **Comedian Phil Tag**
Explorers Lounge, Deck 7 Midship
(Repeated tomorrow at 7:00pm, 8:30pm & 10:30pm)

8:30pm **Movie & TV Theme Trivia**
Club Fusion, Deck 7 Aft

8:30pm & 10:30pm SHOWTIME: **Production Show Spectacular "Motor City"**
Starring: Your Crown Princess Singers & Dancers
(Tonight only) Princess Theater, Decks 6 & 7 Fwd

9:15pm **A Tribute To Broadway with Pianist Kory Simon**
Crooners Lounge & Bar, Deck 7 Midship

9:15pm Onwards **The Orphea Quartet Invites You Up To Dance**
Wheelhouse Bar, Deck 7 Fwd

9:30pm **All-Request Express with DJ Patrick**
Club Fusion, Deck 7 Aft

9:30pm-10:15pm **Music & Dancing with Elements**
Explorers Lounge, Deck 7 Midship

10:00pm-11:00pm **The Party Mix Hour with DJ Shea**
Skywalkers, Deck 18 Aft (18 Years & Older. Photo ID Required)

10:15pm movies under the stars **The Conspirator**
Starring: James McAvoy, Robin Wright
(PG-13 / 2hrs. 2mins.)

10:15pm **Princess Pop Star Karaoke Contest** Crew's Choice
Heat #1 with the Cruise Staff
(Sign ups begin at 10:00pm) Club Fusion, Deck 7 Aft

11:00pm-Close **The Party Continues with DJ Shea**
Skywalkers, Deck 18 Aft (18 Years & Older. Photo ID Required)

11:15pm-Late **Music & Dancing with Party Band Elements**
Explorers Lounge, Deck 7 Midship

11:30pm **The Wild Bunch Party** Crew's Choice
Join your Cruise Staff for the hottest party on the seven seas. Skywalkers, Deck 18 Aft (18 Yrs. & Older.)

### Captain's Welcome Aboard Party

Meet Captain Nick Nash and his Senior Officers. Pose for a picture by the top of the Champagne Waterfall. Enjoy complimentary champagne, mimosas and orange juice.

**Piazza, Decks 5, 6 & 7 · 7:15pm-8:15pm**

PRINCESS CRUISES PRESENTS

### "Motor City"

A tribute to the great Motown artists
Featuring:
The Crown Princess Singers & Dancers
and Orchestra Hosted by your
Cruise Director Lisa Ball

**8:30pm & 10:30pm Princess Theater, Decks 6 & 7 Fwd**
(Tonight only)

### The Lotus Spa

**Want to Lose Inches?**

Cellulite? Feeling sluggish? Slow metabolism? Ionithermie offers a safe and effective treatment to give you the results you deserve: lose — 8 inches today!

50min/$159

**Lotus Spa · Deck 16 Fwd**

# Locations, Hours & More

### Art Gallery – Deck 5 Midship
**6:30pm – 8:00pm**
Art Director: Todd Smythe

### Boutiques – Decks 6 & 7
**9:00am – 11:30pm**
Boutiques Manager: Amanda Mans

### Casino – Deck 6
**Casino Cashier open 10am & Tables at 11am**
Casino Manager: Graham Macaulay

### Captain's Circle Membership Desk – Deck 7 Fwd
**10:00am – Noon & 4:00pm – 6:00pm**
Captain's Circle Host: Dicomes Olaru

### Fresh Flowers – Deck 7 Midship
**9:00am-10:00am & 3:00pm – 6:00pm**

### Future Cruise Sales – Piazza, Deck 5 Stbd Side
**8:30am – Noon & 3:00pm – 6:30pm**
Future Cruise Consultant: Jo Ann Dupuis

### Internet Café – The Piazza, Deck 5 Midship
**Open 24 Hours –** Internet Manager: Srdan Veselinovic
Manager Hours: **9am to Noon; 2pm to 5pm and 7:30pm to 10pm**

### Library – Deck 7 Fwd
**9:00am – Noon & 2:00pm – 6:00pm**

### Lotus Spa, Salon & Fitness Center – Deck 16 Fwd
**Spa: 8am – 10pm, Fitness Center: 7am – 10pm; Extension #16229**
Spa Manager: Estee Veale

### Medical Center – Deck 4
**9am – 11am & 4:30pm – 6:30pm, For urgent medical attention, dial 911**

### Photography & Video Gallery – Deck 7 Aft
**9:00am – 3:00pm -** Photo Manager: Cassie Swart

### Princess Shopping Host Desk – Facets, Deck 7 Fwd
**Desk Hours: 8:00pm – 9:00pm** Princess Shopping Host: Kyle Catalfamo

### Sanctuary – Deck 17 Fwd
**8am – 12:30pm & 1pm – 5:30pm**
This "Pocket of Tranquility" has limited space available and is on a first come first serve basis. A nominal charge of $10 for a half day or $20 for a full day pass.

### Shore Excursions Tour Desk – Deck 6
**9:00am – 5:00pm**
Shore Excursions Manager: A.J. Singh

### Youth & Teen Centers – Deck 17 Aft

| | |
|---|---|
| 9:00am-Noon | Youth & Teen Activities |
| 1:00pm-5:00pm | Youth & Teen Activities |
| 6:00pm-10:00pm | Youth & Teen Activities |

## Dining Guide – For details & reservations, dial 6219 between 8am and 5pm.

| Venue | Location | Hours |
|---|---|---|
| Botticelli Dining Room (Traditional) | Deck 6 Aft | Dinner: Early Seating 6pm – Late Sitting 8:15pm |
| Da Vinci Dining Room (Traditional) | Deck 6 | Dinner: Early Seating 5:30pm |
| Michelangelo Dining Room (Anytime) | Deck 5 | Dinner 5:30pm-10:00pm |
| Da Vinci Dining Room (Anytime) | Deck 6 | Breakfast 7:30am-9:30am<br>Lunch Noon-1:30pm<br>Dinner 7:30pm-10pm |
| Sabatini's* (authentic Italian cuisine) | Deck 16 Aft | 6pm-11pm |
| Crown Grill* (steaks & seafood) | Deck 7 | 6pm-11pm |
| Trident Grill & Pizzeria | Deck 15 | 11am-11pm |
| Horizon Court Buffet | Deck 15 Aft | 6:00am-11:30am (Breakfast)<br>11:30am-3:30pm (Lunch Buffet)<br>3:30pm-5:30pm (Light Snack) |
| Cafe Caribe | Deck 15 Aft | 5:00am-6:00am (Continental Breakfast)<br>12Noon-1:30pm (Sushi Buffet)<br>5:30pm-Midnight (Crown Dinner Buffet) |
| Vines* (sushi, tapas & wine) | Deck 5 | 11am-11pm |
| International Cafe* (coffee, pastries & paninis) | Deck 5 | 24Hrs. |
| Ice Cream Bar* | Deck 15 | 11am-10pm |

## Bars, Clubs & Lounges

| Venue | Location | Hours |
|---|---|---|
| Adagio Bar | Deck 16 Aft | 6:00pm onward |
| Crooners | Deck 7 Midship | 9:00am onward |
| Wheelhouse Bar | Deck 7 Forward | 3:00pm onward |
| Explorer's Lounge | Deck 7 Midship | 11:00am onward |
| Club Fusion | Deck 7 Aft | 10:30am onward |
| Skywalkers Nightclub | Deck 18 Aft | 10:00pm onward |

*Additional charges apply. Actual meal times are subject to change. Once onboard and subject to availability, you may switch from Traditional Dining to Anytime Dining with 24 hours notice to the Maitre D'. The legal drinking age of 21 years is observed onboard and photo ID may be required. A 15% service charge is automatically added to all bar and wine bills.

## Princess Bingo

**Two sessions of Snowball Jackpot Bingo today**
11:15am & 4:15pm
Tickets available from
10:15am & 3:15pm
**Gatsby's Casino • Deck 6 Fwd**

## Fresh Flowers

Boutonnieres, corsages, and wristlets available for formal night. Our onboard florist will create the perfect arrangement.
**9:00am-10:00am & 3:00pm-6:00pm**
**Deck 7 Midship**

## Internet Café

**Wi-Fi Available**
Enjoy wireless Internet access right from your laptop or ours.
See the Internet Café Manager for details and important instructions.
**Piazza • Deck 5**

## Shore Excursions:

**Tour office hours: 9:00am – 5:00pm – Deck 6 Midship**

Cancellations for Roatan must be done by 5:00pm this evening (Sunday). No refunds or exchanges will be possible after this time, but bookings may continue as long as space is available

The tour desk will be very busy today, so remember there is never a need to wait in line to purchase tickets. Simply place your completed booking form in the 24hr drop box and tickets will be sent directly to your stateroom. Please check the sold out board first (on channel 31 and at the tour desk) to ensure space is still available. But don't delay as tours are filling up fast. Relaxing trolley tours & beach breaks, or thrilling dolphin encounters & speed boat rides, or awe-inspiring Mayan ruins & theme parks: there is something for everyone this cruise!