

Food

	breakfast	lunch	dinner
Vista Dining Room	8:00am – 9:30am	12:30pm – 1:30pm	seatings at 5:45pm & 8:00pm open seating 5:45pm – 9:30pm
Pinnacle Grill		12:30pm – 1:30pm	5:30pm – 9:30pm Dial 98 for reservations
Canaletto			5:30pm – 9:30pm Lido Deck, 9 aft starboard Dial 88 for reservations
Terrace Grill		12:00nn – 6:00pm	
Lido restaurant	6:00am – 11:00am Continental 6:00am – 10:30am Full	12:00nn – 2:30pm Bistro 12:00nn – 5:00pm Deli/Salad	5:30pm – 8:30pm 11:00pm – 12:00am Mediterranean

Pasta is available in the Lido 12:00nn – 5:00pm.
Pizza is available in the Lido 12:00nn – 1:00am.

Daily Program



ms Noordam

KATAKOLON, GREECE | SUNDAY, JULY 12, 2009 | SHOWERS 79°F/26°C
SUNRISE: 6:23 AM | SUNSET: 8:57 PM | DRESS: FORMAL

ARRIVAL: 7:00 AM
ALL ABOARD: 2:30 PM

Katakolon, Greece

The original Olympics began in the eleventh century as a small regional festival, dedicated to the god Zeus. The origins of the town itself are the Mycenaean who worshipped the goddess Rhea, sister of Cronus and mother of Zeus. Zeus went on to becoming the top god and founder of the Olympic games. The first Olympic games were held in 776 BC and reached their height of popularity in 576 BC. The events included foot races, wrestling, discus, javelin, long-jump, horse and chariot racing, and a type of boxing called pancratium. The games were banned in 426 by the emperor Theodosius II because they were pagan, and the temples were destroyed. The Olympic Games resumed once again in 1896 in Athens.

Where Do We Go From Here?

In Katakolon, the gateway to Olympia, we are docked close to town. A short walk from the gangway will lead you to the restaurant and shopping area of this quaint little village.

PHOTO GALLERY

3:00pm – 11:00pm

Formal Portrait Times

Studios will be set up in the atrium on Decks 1, 2 & 3.
5:00pm – 6:00pm | 7:15pm – 8:15pm
9:15pm – 10:15pm

PARK WEST ART GALLERY

Mediterranean Art Auction

Find the perfect souvenir from your Mediterranean Cruise!
2:30pm Preview
Auction to Follow
Ocean Bar, 3

Free champagne, free art raffle, and a free work of art for all who attend!

CASINO

3:30pm – late

Blackjack Tournament Win up to \$500

1st Qualifying Session
3:30pm – 5:00pm
2nd Qualifying Session
8:30pm – 11:00pm

Tonight in the

VISTA LOUNGE



Piano Virtuoso & Entertainer
From the Mountains of Transylvania...

COUNT DIMAS

8:00pm & 10:00pm



Drinks

Explorations Café	7:00am – 10:00pm	Deck 3
Ocean Bar	10:00am – 12:00am	Deck 3
Crow's Nest	2:00pm – 6:00pm	Deck 10
	8:30pm – close	
Casino Bar	4:00pm – close	Deck 2
Atrium Bar	5:00pm – 9:00pm	Deck 1
Explorer's Lounge	5:00pm – 11:00pm	Deck 2
Pinnacle Bar	5:00pm – close	Deck 2
Piano Bar	9:00pm – close	Deck 2
Northern Lights	9:00pm – close	Deck 2
Lido Bar	9:00am – 8:00pm	Deck 9
Seaview Bar	9:00am – 8:00pm	Deck 9

Services

Explorations Café Library	8:00am – 10:30pm	Deck 3
Travel Guide	8:00am – 10:00am	Gangway
	4:00pm – 5:00pm	Deck 3
	7:00pm – 8:00pm	
Shore Excursions	2:00pm – 5:00pm	Deck 1
Medical Center nurses' hours	8:00am – 12:00nn	Deck A
	2:00pm – 6:00pm	
doctor's hours	8:00am – 9:00am	
	5:00pm – 6:00pm	
Pools: aft adults only	7:00am – 10:00pm	Deck 9
Jacuzzis	9:00am – 10:00pm	Deck 9

THE SIGNATURE

TODAY'S SIGNATURE SPECIAL:

3:00pm – 11:30pm

Antica Murrina

Amazing Venetian Glass jewelry and glassware from Island of Murano

3:30pm – 9:30pm

Future Cruises

2:30pm – 7:30pm

Australia Circumnavigation

This 34-day "Cruise of a Lifetime" sets sail March 14, 2010 and is a one-time-only itinerary. Booking early is a must, as starboard-side staterooms are going fast! Add the previous 14 days to also see New Zealand, all conveniently roundtrip Sydney.

Oceanbar

Dance to the music of THE NEPTUNES

7:00pm – 12:00am

Happy Hour 4:30pm – 5:30pm - 25% off all drinks

Explorer's LOUNGE

Enjoy the classics with ADAGIO STRINGS

6:00pm – 11:00pm

PIANO BAR

JIMMY MADDOX

9:00pm – close

Songs of the Silver Screen 9:00pm – 10:00pm

Drink of the Day:

Fresh Hand Shaken Margaritas \$5.50

QUEEN'S LOUNGE

BEGINNER'S DANCE CLASS: MERENGUE MADNESS

with DJ Glenn
10:30pm

Northern Lights NIGHTCLUB

Dance the Night Away 9:00pm

* Northern Lights is an 18+ nightclub.

Latin Fusion Hour 11:30pm

EXPLORATIONS

8:00am – 10:00am **Travel Guide Tom**
See the man with the answers to all of your last-minute port day questions! Travel Guide Tom will be available at the gangway.

Today's Tour Tip

Santorini is famous for its white-washed villages, volcanic cliffs and black sand beaches. Visit Oia, the small winery of Sigalas and stop at the Nomikos foundation to view mosaics from Akrotiri on the *Oia, Sigalas Winery & Nomikos Foundation* tour.

2:00pm **Digital Camera Basics**
Learn about the ins and outs of your digital camera from your Photo Manager Ciaran.
Hudson Room, 3

2:30pm **Travel Guide Talk: What to See & Do**
Meet Travel Guide Tom and learn what to expect in Santorini, Kusadasi and Piraeus. Tom's talk will be broadcast live and will also replay on Channel 27 on your stateroom television.
Queen's Lounge, 2
Live broadcast – Channel 27

5:30pm **Tom Time**
Join Travel Guide Tom for an informal chat about tomorrow's port. Piano Bar, 2

CULINARY ARTS CENTER FOOD & WINE

GREEK ENCOUNTER

ENJOY SNACKS AND SOUNDS

WITH JOHN WARNER

12:00 NN – 2:30 PM LIDO DECK, 9 AFT

2:30pm **Premium Wine Tasting**
with Cellar Master Alphonse and Party Planner Amanda (\$35) Pinnacle Grill, 2

4:00pm **Flavors of Greece**
Join Party Planner Amanda as she hosts our chefs preparing favorite Greek dishes.
Culinary Arts Center, 2

**CHOCOLATE LOVERS INDULGE:
CHOCOLATE MARTINIS, TREATS AND TRIVIA**
Party Planner Amanda keeps things sweet in this fun event of decadence and everything chocolate. Answer some fun trivia and learn how to make a chocolate martini. Winning team members receive a free Chocolate Martini.

7:30PM ~ PIANO BAR, 2



Digital Workshop

Powered by Windows

Make your PC easier to see with Windows personalization features. Ask Techspert Cheston to show you how.

Open your own email account!

Always wanted to have your own email account, but don't know where to start? Ade your friendly Internet Manager will help you set up an account with Hotmail or use our Cruise E-Mail.
Explorations Café, 3

2:00pm **Put Your Best Face Forward**
Learn to edit your cruise photos
Digital Workshop, 2

3:00pm **A Space to Call My Own**
Signing up for your own personal webpage
Digital Workshop, 2

4:00pm **Show and Tell**
Sharing your cruise photos via email and the internet
Digital Workshop, 2

5:00pm – 7:00pm **Techspert Time**
Get one-on-one help with Techspert Cheston
Digital Workshop, 2

THE GREENHOUSE SPA & SALON

presents Mind. Body. Spirit

7:00am **Stretch and Relax** Greenhouse Spa, 9

7:30am **Aerobic Abs** Greenhouse Spa, 9

8:00am **Fitness Class: Pilates** (\$12) Greenhouse Spa, 9

9:00am **Fitness Class: Indoor Cycling** (\$12)
Greenhouse Spa, 9

10:30am **Football Toss** Sports Court, 11

11:00am **A Game of Pictionary**
Stuyvesant Room, 3

2:00pm **Spa Secrets: Update Your Hairstyle**
including live makeover Greenhouse Spa, 9

2:30pm **Volleyball Players Meet** Sports Court, 11

3:00pm **Mega Trivia Challenge** with Corey
Crow's Nest, 10

3:00pm **Spa Seminar: Burn Fat Fast**
Explorer's Lounge, 2

4:00pm **Fitness Class: Yoga** (\$12) Greenhouse Spa, 9

4:00pm **Spa Seminar: Acupuncture & Chinese Medicine**
Explorer's Lounge, 2

4:00pm – 10:00pm **Ladies & Gents Pamper Evening**
Scalp neck and shoulder massage, petite facial collagen eye treatment, foot & ankle massage and hydro pool & thermal suite. Two hours for \$99. Greenhouse Spa, 9

5:00pm **Core Training** Greenhouse Spa, 9



SCREENING ROOM

Today's Movie
11:00am, 6:00pm & 8:00pm
Queen's Lounge, 2

Confessions of a Shopaholic

Comedy PG 1 hr 44 mins

Snowball Jackpot Bingo

Cards on sale at 4:00pm
Games begin at 4:15pm

Crow's Nest, 10

Unplugged with
John Warner
8:00pm – 10:00pm

Crow's Nest, 10

Let's Get Together

10:00am **Board Game Players** Stuyvesant Room, 3
1:00pm **Bridge Players Meet** Stuyvesant Room, 3
3 - 4:00pm **Afternoon Tea** Vista Dining Room, 2
4:30pm **Friends of Bill W.** Piano Lounge, 2
5:00pm **Mass is Celebrated** Queen's Lounge, 2
5:00pm **Friends of Dorothy** Ocean Bar, 3
5:30pm **Interdenominational Service** Hudson Room, 3
7:30pm **Singles & Solos Meet** Crow's Nest, 10