

Food

	breakfast	lunch	dinner
Vista Dining Room	8:00am – 9:30am	12:30pm – 1:30pm	seatings at 5:45pm & 8:00pm 5:45pm – 9:30pm open seating
Pinnacle Grill		12:00nn – 1:00pm	5:30pm – 9:30pm Dial 98 for reservations
Canaletto			5:30pm – 9:30pm Lido Deck, 9 starboard Dial 88 for reservations
Terrace Grill		11:30am – 6:00pm	
Lido restaurant	6:30am – 11:00am Continental 7:00am – 10:30am Full	11:30am – 2:00pm Bistro 11:30am – 2:00pm Deli/Salad	5:30pm – 8:30pm 11:00pm – 12:00am Spanish

Pasta is available in the Lido 11:30am – 5:00pm.
Pizza is available in the Lido 11:30am – 1:00am.

Fresh Fruit Market 11:30am – 2:00pm
Lido Deck, 9 aft

Royal Dutch Tea 3:00pm - 4:00pm
Vista Dining Room, 3

Daily Program



ms Noordam

AT SEA | THURSDAY, JULY 16, 2009

SUNRISE: 6:27 AM | SUNSET: 9:06 PM | DRESS: FORMAL

United Nations of the Noordam

Nowhere else is the term “United Nations” better served than on board a Holland America Line ship. Here on the Noordam, we prove that people of many nations, religions and beliefs, can work and live together, not only adequately, but very harmoniously indeed. All the crew smiles you see are evidence of this fact! Ask any ship employee of Holland America Line what his or her fondest memory of life at sea is and they will tell you it is the joy of meeting so many diverse people. On board the ship, we celebrate the national holidays of the Netherlands, the United Kingdom, the Philippines, Indonesia, the United States and Canada. Religion also plays a large part in the lives of many ship personnel. Our staff members’ beliefs include Catholic, Muslim, Hindu, Protestant and Jewish faiths, to name a few.

Making Waves

Sea water is rarely still: it’s usually moving in waves, tides or currents. Waves are caused by wind blowing across the surface of the ocean. The height of a wave is determined by the wind speed, the time the wind has been blowing, and the distance the wave has traveled over the ocean. The highest wave ever recorded had a height of 116 feet.

PHOTO GALLERY

9:00am – 3:00pm & 5:00pm – 11:00pm

Formal Portrait Times

Studios will be set up in the Atrium on Decks 1, 2 & 3.

5:00pm – 6:00pm | 7:15pm – 8:15pm
9:15pm – 10:15pm

PARK WEST ART GALLERY

Grand Finale Auction

Your last chance to collect museum quality artwork from 40-80% off land gallery prices!

11:30am Preview
Auction to Follow
Ocean Bar, 3

Free champagne, free art raffle, and a free work of art for all who attend!

CASINO

Cashier 10:00am & Tables 11:00am

Slot Tournament

Win up to \$500

1:00pm – 3:30pm

Grand Finals to follow

\$20 to enter, enter twice and receive a complimentary 3rd entry



Tonight in the

VISTA LOUNGE

Join us for an informative
**Disembarkation Talk &
Special Crew Farewell**

4:45pm

The Noordam Singers & Dancers in...

THAT'S VEGAS

8:00pm & 10:00pm



Drinks

Explorations Café	7:00am – 10:00pm	Deck 3
Atrium Bar	10:00am – 9:00pm	Deck 1
Ocean Bar	10:00am – 12:00am	Deck 3
Casino Bar	10:00am – close	Deck 2
Crow's Nest	10:00am – close	Deck 10
Explorer's Lounge	5:00pm – 11:00pm	Deck 2
Pinnacle Bar	5:00pm – close	Deck 2
Piano Bar	9:00pm – close	Deck 2
Northern Lights	9:00pm – close	Deck 2
Lido Bar	9:00am – 8:00pm	Deck 9
Seaview Bar	9:00am – 8:00pm	Deck 9

Services

Explorations Café Library	8:00am – 10:30pm	Deck 3
Travel Guide	10:00am – 11:00am 3:00pm – 5:00pm	
Shore Excursions	10:00am – 12:00am 2:00pm – 4:00pm	Deck 1
Medical Center nurse's hours	8:00am – 12:00am 2:00pm – 6:00pm	Deck A
doctor's hours	10:00am – 11:00am 5:00pm – 6:00pm	
Guest Relations Manager	9:00am – 11:00am 4:00pm – 5:30pm	Deck 1
Pools: aft adults only	7:00am – 10:00pm	Deck 9
Jacuzzis	9:00am – 10:00pm	Deck 9

THE SIGNATURE

TODAY'S SIGNATURE SPECIAL:

9:00am – 11:30pm

World Amber Event

New Collection just Arrived
10:00am – 6:00pm

One Day Event: Prize draw at 3:30pm

Future Cruises

9:30am – 11:00am, 3:30pm – 7:30pm

Today is Booking Day!

Deposit only \$100per person.

Select stateroom location and dining preference.

Earn Shipboard Credit, and work with the Travel Professional of your choice.

Oceanbar

Dance to the music of
THE NEPTUNES

7:00pm – 12:00am

Happy Hour 4:30pm – 5:30pm 25% off all drinks

Explorer's LOUNGE

Enjoy the classics with
ADAGIO STRINGS

6:00pm – 11:00pm

PIANO BAR

JIMMY MADDOX

9:00pm – close

Name That Martini Tune 9:00pm – 10:00pm

Drink of the Day: New Fashioned Bermuda \$5.50

QUEEN'S LOUNGE

GAME SHOW:

THE MARRIAGE GAME

Join Cruise Director Corey and DJ Glenn as they find out just how well you know or think you know your spouse.

9:00pm

Northern Lights NIGHTCLUB

Dance the Night Away 9:00pm

* Northern Lights is an 18+ nightclub.

EXPLORATIONS

- 9:00am **On Deck for the Cure**
The Holland America Line Foundation invites you to participate in On Deck for the Cure™ 5K Walk. To register, return the completed form to the Front Office. Meet at 8:45am in the Ocean Bar, 3
- 12:00nn **Travel Guide Talk: What To See and Do In Our Upcoming Ports of Call**
Travel Guide Tom tells you what to expect in Messina, Civitavecchia and Rome. Tom's talk will be shown throughout the day on Channel 27. Vista Lounge, 1, 2 & 3
- 2:00pm **Book and Memorabilia Signing**
with Captain Hans Mateboer
Signature Shops, 3

- 3:00pm **Custodians of the Sea**
Join Environmental Officer Tim for an informative talk on how Holland America Line treats and disposes of the waste streams generated by cruise ships. Stuyvesant Room, 3

Disembarkation Talk & Crew Farewell

4:45pm, Vista Lounge, 1, 2 & 3

Join your Cruise Director Corey as he presents important information to help you make a smooth transition from ship to shore in Civitavecchia.

Immediately following Corey's talk, the crew members of the Noordam would like to wish you all a very fond farewell as we reach the end of this wonderful voyage. Be sure to bring your cameras and video recorders, as this is a moment you will not want to miss!

CULINARY ARTS CENTER

- 9:00am **Coffee Chat**
Enjoy an informative Q&A with Hotel Manager Marco van Belleghem.
Culinary Arts Center, 2
- 10:00am **The Noordam Cook-Off**
We have chosen the competitors to compete in the head-to-head competition to see who can cook up a better dish.
Culinary Arts Center, 2
- 11:30 am **From the Pinnacle Grill**
Join Amanda your Party Planner and Jerome our Pinnacle Grill Chef as they show you how to make the decadent Chocolate Volcano Cake.
Culinary Arts Center, 2

- 3:00pm **Fun & Easy Towel Creations**
Party Planner Amanda and the Housekeeping Team let you in on the secrets to making those fun towel animals! Also, a do-it-yourself book titled Holland America Line Towel Creations will be available for purchase at the event for \$14.99.
Culinary Arts Center, 2

- 4:00pm **Signature Cocktail Class**
Our Masters of Mixology, Venus and Ronnie, share their secrets and show you how to reproduce many of the fabulous cocktails you have been enjoying this cruise. (\$12.50)
Crow's Nest, 10



Digital Workshop

Powered by Windows

- 9:30 am **Put Your Best Face Forward**
Learn to edit your cruise photos
Digital Workshop, 2
- 11:00am **A Space to Call My Own**
Signing up for your own personal webpage
Digital Workshop, 2

Open Your Own Email Account!

Always wanted to have your own email account but don't know where to start? Ade your friendly Internet Manager will help you set up an account with Yahoo or Hotmail or use our CruisE-Mail. Open 24 hours
Explorations Café, 3

- 12:30pm **Your Away-From-Home Movie**
Turn your cruise photos and videos into an enhanced slideshow.
Digital Workshop, 2

- 2:00pm **Insert Photo Here**
Get your photos out of the camera and into the computer.
Digital Workshop, 2

- 3:30pm **Your Fifteen Minutes of Fame**
Learn to blog about your cruise.
Digital Workshop, 2

- 6:00pm – 7:30pm **Techspert Time**
Get one-on-one help with Techspert Cheston.
Digital Workshop, 2

THE GREENHOUSE SPA & SALON

presents Mind. Body. Spirit

- 7:00am **Stretch and Relax** Greenhouse Spa, 9
- 8:00am **Aerobics** Greenhouse Spa, 9
- 8:00am **Fitness Class: Pilates** (\$12)
Greenhouse Spa, 9
- 9:00am **Fitness Class: Indoor Cycling** (\$12)
Greenhouse Spa, 9
- 10:00am **Spa Secrets: Detox for Health & Weight Loss** Explorer's Lounge, 2
- 10:00am **Ping Pong Tournament**
Lido Deck, 9 midship
- 10:00am **Mega Trivia Challenge** with Corey
Crow's Nest, 10
- 11:00am **Spa Seminar: Acupuncture & Back Pain**
Explorer's Lounge, 2

- 12:00nn **Spa Secret: 5-Minute Makeover**
Greenhouse Spa, 9
- 1:00pm **Spa Secrets: Five Steps to Flawless Skin**
Explorer's Lounge, 2
- 1:00pm **POOL GAMES**
Join Cruise Director Corey and DJ Glenn for this wet and wild event. Lido Deck, 9 aft
- 2:00pm **Merengue Madness: Beginner Dance Class**
with DJ Glenn Crow's Nest, 10
- 3:00pm **Basketball Challenge** Sports Court, 11
- 3:00pm **Spa Secrets: How To Increase Your Metabolism** Explorer's Lounge, 2
- 4:00pm **Fitness Class: Yoga** (\$12)
Greenhouse Spa, 9
- 5:00pm **Core Training** Greenhouse Spa, 9



SCREENING ROOM

Today's Movie
4:00pm & 6:00pm
Queen's Lounge, 2

I Love You Man

Comedy R 1 hr 37 mins



Snowball Jackpot Bingo

Cards on sale at 11:00am
Games begin at 11:15am

Crow's Nest, 10



John Warner 7:00pm – 9:00pm

Jodie & The HALCats

Rock the Rooftop

9:00pm – 11:00pm

Teen Disco (ages 13–17 only) 11:00pm

Crow's Nest, 10



Let's Get Together

8:00am **Mass is Celebrated Queen's** Lounge, 2
2:00pm **Bridge Players Meet** Hudson Room, 3
4:30pm **Friends of Bill W.** Piano Lounge, 2
5:00pm **Friends of Dorothy** Ocean Bar, 3
9:00pm **Singles & Solos Meet** Piano Bar, 2