

BREAKFAST

CEREALS & FRUITS

Crunchy Granola

Seasonal fruit salad topped
with natural yogurt

Cold Cereals

Served with sliced bananas,
brown sugar, milk, or skim milk

Shredded Wheat

Bran Flakes

Rice Krispies

Fruit Loops

Special K

Hot Cereals

Old-fashioned Oatmeal

Cream of Wheat

Grits

Fruits

Half Grapefruit

Banana

Sliced Seasonal Melon

Yogurt

Plain or Assorted Fruit

Regular or fat free



FARM FRESH EGGS

Fast Fare Breakfast*

Scrambled, poached, or fried eggs,
bacon or sausage links, and toast

Traditional Full Breakfast*

Bacon, sausage, sautéed mushrooms,
grilled tomato, and eggs of your choice

Omelettes*

Choose from plain, ham, cheese,
smoked salmon, herbs or mushrooms.
Served with hash-brown potatoes and toast

Eggs Benedict*

Toasted English muffin, grilled Canadian bacon,
poached egg, and hollandaise sauce

EVERYDAY FAVORITES

Pancakes

Buttermilk or daily special

French Toast

Syrup, caramelized bananas

Smoked Salmon*

Cream cheese, traditional garnishes

Mediterranean Plate

Pan tomàquet, hummus, prosciutto,
Manchego cheese

*Consuming raw or undercooked meats, seafood, shellfish, eggs, milk, or poultry may increase your risk of foodborne illness, especially if you have certain medical conditions.