

# Menu of Spa Services

## 1.Slimming Treatment - Ionithermie Algae Detox

This exclusive French body correction treatment reduces cellulite, firms and tones the skin, detoxifies and re-mineralizes the body. We use two gentle stimuli to work on the stomach, thighs and buttocks. Through the power of algae externally detoxifying the body, you will lose up to 8 inches in one treatment.

One session 50 minutes \$ 159

Course of three sessions \$399 (Save \$78) and Receive a Body Composition Analysis Test. (toxic assessment of the body)

## 2.Facial - New Elemis Oxydermy

Give your skin what it's been craving. Now you can fight lines and wrinkles, reduce skin discoloration, scarring and reduce pore size. Get that glow that's been eluding you. Let us pamper your skin with the new cutting edge technology that brings Microdermabrasion and Oxygen together in one luxurious treatment. We will cleanse, polish, masque and massage you into sweet oblivion. Enjoy your vacation by looking younger and radiant instantly.

55 Minutes \$169

## 3.Facial - La Thérapie Hydralift

Designed by a dermatologist and plastic surgeon, this French anti-aging, deep cleansing facial is customized to suit your individual needs. Using a unique blend of science and nature, this facial is deep cleansing and rejuvenating; yet gentle enough for the most sensitive skins.

50 Minutes \$119

## 4.Massage - Exotic Aromaspa Seaweed Wrap

Combining the power of the ocean with the healing effects of aromatherapy, this treatment is perfect for soothing aches and pains, Fibromyalgia, arthritis or just stiff joints. During this treatment you will receive a scalp massage and a pressure point foot massage. After your aromatherapy showering, relax as your Therapist works out any remaining tensions with a well-being massage. (6 weeks benefit)

1 hr 25 Minutes - \$195 (add an additional 25 minutes of massage for \$259)

## 5.Massage - Hot Stones Heaven

Harnessing the properties of warm stones, we place them on key energy points on the body to harmonize the spirit. The stones give up their power and warmth to tired muscles promoting inner peace and tranquility. A firm rhythmic massage is done with warm stones, exotic hot oils and hands.

50 Minutes \$165/ 75 Minutes \$195

## 6.Exfoliation with Massage- Lime and Ginger body bliss treatment

Warmed oils drizzled over your body and a sumptuous mixture massaged into the skin to slough away dryness. After an aromatic shower, we delight you with a Swedish massage of the back, neck and shoulders.

50 minutes with 25 minutes of massage \$155/ 75 minutes with 50 minutes massage \$199

## 7. Massage/Facial - Absolute Spa Ritual

Indulge yourself, starting on the soles of the feet we work all the way up the back of the body using five different techniques before turning you over for a full facial complete with face and scalp pressure point massage. This treatment is sure to send you into sensory heaven!

100 Minutes \$265

## 8. Couples Spa Rituals

Couples Massage - 50 minutes per couple \$269 Hot Stones Couples 50 minutes \$350

### Everything else...

Reflexology or Aroma-Flex.....	50 minutes \$129
Swedish Massage.....	50 minutes \$119
Spa Taster...Mini Facial & Back Massage.....	50 minutes \$119
Sports Massage.....	50 minutes \$129

Dial 1199 to schedule appointments

Please give 24 hours notice of cancellation to avoid a fee of 50% of your service being charged to your sea pass card.

## TRY THESE SELECT FITNESS SERVICES...

**Personal Training** Receive optimum results when one of our trained fitness professionals shows you the results-driven exercise your body needs to look its best.

**Body Composition Analysis (BCA)** Learn your body fat content, rate of metabolism, water retention level, and the easiest way for you to lose weight.

**Specialized Fitness Classes** Suitable for students of all levels. Some of our fitness classes include Yoga, Pilates, Kick Boxing, and a Cycling Class.

