

C H I L L E D J U I C E S

Orange, Apple, Prune, Tomato, Pineapple

F R E S H F R U I T

Half Grapefruit, Orange Segments
Papaya or Melon in Season, Sliced Banana

C O M P O T E S

Stewed Prunes, Cinnamon-flavored fresh Apple Wedges

C E R E A L S

Hot: Oatmeal with Cream or Milk
Cold: Corn Flakes, Granola, All Bran, Grape Nuts
Frosted Flakes, Raisin Bran, Special K, Bran Flakes
Shredded Wheat, Rice Krispies and Mueslix

Y O G U R T

Plain or Fruit Flavored

F R O M T H E S E A

Smoked Salmon, Toasted Bagel and Cream Cheese*

E G G D I S H E S *

Fried Eggs, Poached Eggs on Toast (allow 15 min.)
Soft Boiled Eggs, Plain Scrambled Eggs
Omelettes: Plain, Mushroom or Ham and Cheese
Egg Beaters: Omelette or Scrambled

G R I L L A N D G R I D D L E

Fluffy Buttermilk Pancakes with Syrup
Rasher of Bacon, Ham Steak, Link Sausage
Hash Brown Potatoes

F R O M O U R B A K E R Y

Soft and Crusty Rolls, Croissants, Danish Pastries
English Muffins, Fruit and Bran Muffins, Six-Grain Bread

B E V E R A G E S

Regular and Herbal Tea, Regular and Decaffeinated American Coffee
Hot Chocolate, Milk and Skim Milk

*Eggs can be cooked to order.

*Consuming undercooked or raw meats, poultry, seafood shellfish or eggs may increase your risk of foodborne illness especially if you have certain medical conditions.

escape completely®



HUEVOS RANCHEROS*

Toasted Flour Tortillas
topped with Two Fried Eggs
Salsa and shredded Monterey Jack Cheese
enhanced with Frijoles Refritos



TRADITIONAL

“SWISS ALPINE” MUESLI

A nutritious blend of Rolled Oats, shredded Pear
Orange Segments, sliced Banana, Raisins
chopped Hazelnuts, Yogurt, Milk and Brown Sugar

“The breakfast table is not a bulletin board
for the curing of horrible dreams
and depressing symptoms, but the place where
a bright keynote for the day is struck.”

Prof. B.G. Jeffries, M.D.

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PRINCESS CRUISES