Freestyle Daily

Norwegian Epic
Day 1

Saturday
November 24th 2012
Miami, Florida

Today's Forecast:
Sunny, 75°F/24°C

Sunrise:	**Sunset:**
6:47am	5:28pm
Arrival:	**All Aboard:**
8:00am	3:30pm

Mandatory Life Boat Drill
Time: 3:30pm
This is a mandatory drill and all services will cease at the start of the drill. Please listen for announcements over the public address system. Life jackets are not required at the drill.
All Assembly Stations

Tonight's Entertainment

Blue Man Group
Renowned the world over for their unique form of entertainment, Blue Man Group combines original musical instruments, a live band, inventive comedy, audience interaction and multimedia theatrics to create a blissful party atmosphere not to be missed! Video and photography is strictly prohibited and please be advised that beverages are not to be brought into the Theater. Book tickets through the Box Office. Late comers will not be accommodated, so please be on time. This show involves flashing images/lights.
Time: 7:00pm & 10:00pm, Epic Theater, Deck 6, Fwd - Doors open 45 minutes before show.

Howl at the Moon: Be ready to live out your inner rock star at The World's Greatest Rock N' Roll Dueling Piano Bar! From 70's rock to hip hop, you say it – we play it! After 11:00pm, we recommend this venue for those individuals 18 and over.
Time: 9:00pm-1:00am, Headliners, Deck 6, Fwd

Slam Allen Blues Band: Don't miss out on the delta inspired sounds and jam into the wee hours to some serious blues. We've got it all on the Epic. Fantastic music, this is one group not to miss!
Time: 9:00pm-1:00am, Fat Cats Blues Bar, Deck 6, Aft

Reservations will be released 10 minutes prior to all shows in the Epic Theater and Headliners and 5 minutes prior to showtime in the Spiegel Tent. Latecomers will not be allowed in. Please note it is important to be on time for all shows as seats are on a first come, first serve basis with reservations. Please arrive with your entire party for all shows. Video/Audio-taping or photography is prohibited in performance venues.

Seize the Day

Epic Sail Away Celebration: Cast off! The best vibes and views for sail away are on the Pool Deck. Join your Cruise Director, Matt and the Cruise Staff as we dance and say goodbye to Miami. Featuring special Nickelodeon guests and our Splash Academy gang.
Time: 4:00pm-7:00pm
Poolside, Deck 15, Mid

The Dating Game Show: Join your Cruise Director Matt for his hilarious take on this classic game show. Single or not don't miss one of our most popular game shows.
Time: 10:30pm
Bliss Ultra Lounge, Deck 7, Fwd

Splash Academy & Nickelodeon Welcome: Find out everything you ever wanted to know about our youth and family activities onboard, with a special appearance by Team Nick and your chance to be a part of our Slime Time Live Game Show.
Time: 6:15pm
Headliners, Deck 6, Fwd

Lucky Numbers: This fun event is sure to break the ice! Join us in Bliss tonight and see how many messages you can get.
Time: 11:30pm-1:00am
Bliss Ultra Lounge, Deck 7, Fwd

Music Everywhere

Taste, Deck 5, Mid
Piano Melodies with DG Bowie
5:30pm-8:30pm

Maltings, Deck 7, Aft
Music with Carrie Stone
7:00pm-11:00pm

Shakers Martini Bar, Deck 7, Mid
Piano Man Jeff Spence
8:30pm-12:30am

Fat Cats Blues Bar, Deck 6, Aft
Slam Allen Blues Band
9:00pm-1:00am

Welcome Back Latitudes Rewards Members:

Welcome aboard the Norwegian Epic. If you are a Bronze, Silver, Gold or Platinum Member, refer to your Latitudes Rewards welcome packet for your list of benefits.

If your stateroom key does not indicate your Latitudes Rewards status or if you didn't receive your welcome aboard letter, please see your Cruise Consultant Jennifer.
Deck 5, Mid between 4:00pm-8:00pm.

Your Cruise Consultant is here to give you a kick start in planning your next dream vacation by giving you $100 free right now when you sign-up for Cruise Rewards.

See your Cruise Consultant
US Residents apply for the US Norwegian Cruise Line MasterCard and receive a bonus of 10,000 points, also earn double points right now and receive a $50 credit on this cruise.

NCL NORWEGIAN CRUISE LINE®

The Daily Recommend

Shore Excursions
Beaches, sightseeing, fun & sun - so many options for you to discover the beauty of St. Maarten, St. Thomas & Nassau. Tours sell out - avoid disappointment and book onboard today!
Time: Noon-9:00pm
Shore Excursion Desk, Deck 5, Mid

Cruise Consultant
Get $300 to spend this cruise on your account- Three Cruise Rewards of US$250, £160 or €200, can be used any time in 4 years for 3 future room deposits. Save today. See Jennifer your Cruise Consultant for more details.
Time: 4:00pm-8:00pm
Cruise Consultants, Deck 5, Mid

Epic Casino
Don't miss the Texas Hold'Em tournament tomorrow at 11:00am. Sign up in advance for the Casinos At Sea Blackjack & Slot Team Tournaments; a chance to win up to $500 in the finals! Sign up for your player's card and start reaping the rewards! Casinos At Sea limited edition souvenir chips available.
Time: 5:00pm approx.
Epic Casino, Deck 6, Mid/Aft

Mandara Spa
Enjoy our Hydrotherapy Pool, Jacuzzi, Saunas, Steams, Heated Beds and open Veranda. Enjoy your unlimited "Chill out" facilities for $146 per person.
15 min free massage adds on with any massage today or free neck & eye treatment with any facial.
Time: 11:30am-10:00pm
Mandara Spa, Deck 14, Aft

Photo Gallery
Take as many pictures as you want this cruise and get them all on a Disc as high resolution images, all for one package price. Professional photo studios are located around the ship on Deck 5 and 6. Don't miss a moment.
Time: 6:00pm-10:00pm
Photo Gallery, Deck 5, Mid

Internet
Embarkation Special Today! Receive up to 20 additional minutes free!
Internet Time Packages: 250 minutes (plus 20 minutes free) - $100 or 100 minutes (plus 10 minutes free) - $55. Application fee applicable on first login. Wireless Access is available. Internet Café, Deck 5, Fwd. Open 24 hours.

Art Gallery
Drop by the Art Gallery this evening and pick up your free Art package loaded with goodies from around the ship!
These gems run out fast so get there early! Also, place a guess on the original Picasso and you could win an exciting art package, compliments of Park West.
6:30pm-10:00pm, Deck 5, Fwd

Tradewinds Tax & Duty Free Shopping
Shops open at 5:00pm, Deck 7
6:00pm: Free Liquor Tasting
Specials on all liquor for today only!
9:00pm: Join us for the Liquor Raffle and stand a chance to win a great prize.
(Must be present to win, Shops, Deck 7)
Also register for our exclusive Tanzanite and Diamond sale taking place tomorrow at 2:00pm - for one hour only!

Norwegian Cruise Line & World Points
Credit card. Earn 10,000 free points after your first qualifying transaction. Earn 2 points per dollar this very cruise and receive $50 upon approval to spend this cruise. US residents sign up today and start earning this cruise.
See you Cruise Consultant today.

Posh Beach Club Pass
Enjoy the privacy and luxury of Posh Beach Club for a week by purchasing a weekly pass for exclusive access. Please be reminded that the space is limited. For more information, ask your friendly Guest Service staff.
Guest Service Desk, Deck 5, Mid

Port Shopping Information
Don't miss tomorrow's Port & Shopping Presentation 11:00am in the Manhattan Room Deck 6, Aft. Make sure to stop by the Port Shopping Desk. Pick up extra raffle tickets for the presentation to win a beautiful diamond pendant. Meet your Port Shopping Consultants Johan & Marissa
Time: 7:00pm-8:30pm, Deck 5, Mid

E-Waiver Registration
Ready for the fun to begin? Many of our sports facilities including the Rappelling and Climbing Walls require a waiver for participation. Save time and hassle by completing your digital waiver today (Parent must complete waivers for all minors).
Time: 11:30am-3:00pm & 4:00pm-7:00pm
Marketplace, Deck 15, Mid

Bar Manager's Specials

Bucket of Beer:
Buy 5 & Get 1 Free!

Drink of the Day:
Cherry Lime-Aid
$9.70 (served in a souvenir glass)

Sail Away Special:
Bon Voyage
$7.25 (served in a souvenir glass)

Blue Experience:
Available only in Epic Theater before shows
$5.50 ($4.50 alcohol free)

Alcohol Free Special:
Chocolate Smoothie
$4.50

Martini of the Day:
French Kiss
$7.75

The Day Ahead Your Choice

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A Morning of Possibilities

All Day	Sudoku & Crosswords Available	Bowling Alley
All Day	Giant Chess Play	Deck 15, Aft
All Day	Shuffleboard	Promenade
11:30am-1:00pm	Music with our DJ **	Poolside
11:30am-2:00pm	Photo Carousel Demonstration	Photo Gallery
11:30am-3:00pm	Splash Academy Open House	Recess
11:30am-3:00pm	Splash Academy Registration	Deck 15, Fwd
11:30am-3:00pm	Entourage Registration	Entourage
11:30am-3:00pm	Waterslides are Open	Aqua Park
11:30am-3:00pm	Sports Court Free Play	Sports Court
11:30am-3:00pm	Rock & Rappelling Wall **	Rock Wall
11:30pm-3:00pm	Bowling *	O'Sheehan's
11:30am-3:00pm	$500 Spa Raffle Sign-Up	Mandara Spa
11:30am-3:00pm	Spa Tours Viewing & Reservations	Mandara Spa
11:30am-3:00pm	Medi-Spa at Sea Introduction	Mandara Spa
11:30am-3:00pm	Meet your Onboard Acupuncturist	Mandara Spa
11:30am-3:00pm	Fitness Class Sign-up & Viewing	Pulse Fitness
11:30am-3:00pm	Facial Recognition Demonstration	Photo Gallery
11:30am-3:00pm	E-Waiver Registration	Marketplace
11:45am-2:45pm	Live Music with the Manhattan Trio	Maltings
11:45am-2:45pm	Live Music with Mexcal Duo	Box Office

An Afternoon of Enjoyment

12:30pm	Casino Hospitality Desk	Epic Casino
1:00pm-3:30pm	Guess the Price of the Picasso	Art Gallery
1:30pm-3:30pm	Music with Upryzin **	Poolside
2:00pm	Guided Ship Tour	Bliss Lounge
2:00pm-6:00pm	Temporary Tattoo Booth *	Poolside
3:30pm	Mandatory Life Boat Drill	All Areas
4:00pm	Spotlight on Splash Academy **	Poolside
4:00pm-5:00pm	Epic Sail Away Celebration **	Poolside
4:00pm-7:00pm	Sports Court Free Play	Sports Court
4:00pm-7:00pm	Waterslides are Open	Aqua Park
4:00pm-7:00pm	E-Waiver Registration	Marketplace
4:00pm-8:00pm	Latitudes: Meet Jenni	Atrium

* Denotes a charge for these activities
** E-Waiver signature required

An Afternoon of Enjoyment (cont'd)

4:00pm-Midnight	Bowling *	O'Sheehan's
4:30pm-Open	Free Rum Punch & Gaming Lessons	Epic Casino
4:30pm-7:00pm	Splash Academy Registration	Recess
4:30pm-7:00pm	Splash Academy Registration	Deck 15, Fwd
4:30pm-7:00pm	Entourage Registration	Entourage
4:30pm-7:00pm	Rock & Rappelling Wall **	Rock Wall
5:00pm	$500 Spa Raffle Drawing	Pulse Fitness
5:00pm-7:00pm	Music with Upryzin **	Poolside
5:30pm-6:30pm	Solo Travelers Gathering	Living Room
5:30pm-8:30pm	Piano Melodies with DG Bowie	Taste
5:30pm-9:30pm	Music with the Manhattan Band	Manhattan
5:45pm	Spanish Welcome Aboard Talk	Fat Cats

A Night to Remember

6:00pm	Free Liquor Tasting Starts	Tradewinds
6:15pm	Splash Academy & Nickelodeon Welcome	Headliners
6:30pm-10:00pm	Art Auction Pre-Registration	Art Gallery
7:00pm	Blue Man Group ^ -	Epic Theater
7:00pm	Friends of Dorothy: LGBT Gathering	Shakers Bar
7:00pm-8:30pm	Meet your Port Shopping Consultants	Atrium
7:00pm-9:00pm	Guess the Price of the Picasso	O'Sheehan's
7:00pm-10:00pm	Photo Portraits Studio Opens	Deck 5 & 6, Mid
7:00pm-11:00pm	Guitar Music with Carrie Stone	Maltings
8:30pm	Family Movie Under The Stars "Tangled"	Spice H_2O
8:30pm-12:30am	Piano Man Jeff Spence	Shakers Bar
9:00pm	Liquor Raffle Draw (must be present)	Tradewinds
9:00pm-10:00pm	Adult Karaoke	Bliss Lounge
9:00pm-1:00am	Howl at the Moon	Headliners
9:00pm-1:00am	Slam Allen Blues Band ^	Fat Cats
10:00pm	Blue Man Group ^ -	Epic Theater
10:30pm	The Dating Game Show	Bliss Lounge
10:30pm-Midnight	Party Under the Stars with our DJ	Spice H_2O
11:00pm	Paradise Lotto Draw *	Epic Casino
11:30pm	Movie: Dark Shadows (PG13)	Atrium
11:30pm-1:00am	'Lucky Numbers' Singles Event	Bliss Lounge
11:30pm-Late	Welcome Party with our DJ	Bliss Lounge

^ No photography or video recording of this show is allowed
- Latecomers unfortunately will not be allowed into the performance

Tear here

Fold here

Freestyle Dining

Complimentary Dining: Incredible dining starts with our two main dining rooms, casual cafes and self-service buffets, with made-to-order favorites and room service from 5:00am to midnight - all included in your cruise fare.
Specialty Dining with Cover Charge: Discover everything from steakhouses to French gourmet, all for a nominal cover charge at any of our specialty restaurants. Kids 4 to 12 eat free from the kid's menu and can enjoy the kids' specialty menu for 50% off.
(Exception - Spiegel Tent, Wasabi & Noodle Bar)
Reservations: Our Restaurant Reservations Desk is open from 11:30am-9:30pm in Le Bistro, Deck 5, Mid and the Garden Café, Deck 15, Fwd. Restaurant reservations can also be made by dialing 050, 062 or 063 between 11:30am and 10:00pm.
Restaurant Cancellations: Cancellations of dinner reservations must be made 24 hours prior to the scheduled dining time. If cancellation occurs with less than 24 hours notice, the full price of the cover per guest will be charged to the guest's folio. For pre-paid dining package reservations, cancellations to any of the three dining reservations must be made no later then 24 hours prior to the scheduled dining time in order to receive a refund. The refund will be at the discounted, pre-paid rate. Any cancellation of 1 reservation will result in the other two reservations converting to regular price. The difference between the discounted charge and the regular charge will be completed at the end of the dining experience. To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. After 15 minutes, the unclaimed reservation will be released and the full price of the cover per guest will be charged. In the case of pre-paid reservations, no refunds will be issued for cancellations with less than 24 hours notice.
Dress Code: Resort casual and shorts are allowed in all dining venues except the Manhattan Room and Le Bistro after 5:00pm. Shoes and shirt must be worn.

The Best Way to Fill Your Afternoon

Complimentary:		
Garden Café Buffet	(Deck 15, Fwd)	11:30am-3:00pm
Great Outdoors Buffet	(Deck 15, Fwd)	11:30am-3:00pm
O'Sheehan's	(Deck 6, Mid)	11:30am-3:00pm
Spice H_2O Snacks	(Deck 15, Aft)	11:30am-3:00pm
Taste Contemporary	(Deck 5, Mid)	Noon-2:30pm
Cover charge applies:		
Noodle Bar (A la carte $)	Chinese (Deck 6, Aft)	11:30am-3:00pm
Wasabi (A la carte $)	Lunch (Deck 7, Mid)	Noon-3:00pm
Yakitori & Sushi (A la carte $)	Japanese (Deck 7, Mid)	Noon-3:00pm

The Dinner You Won't Soon Forget

Complimentary:		
Garden Café Buffet	(Deck 15, Fwd)	5:30pm-9:30pm
Manhattan Room	Supper Club (Deck 6, Aft)	5:30pm-9:30pm
Spice H_2O Snacks	(Deck 15, Aft)	6:00pm-Close
Taste Contemporary	(Deck 5, Mid)	5:30pm-10:00pm
Cover charge applies:		
Cagney's ($25*)	Steakhouse (Deck 7, Aft)	5:30pm-10:00pm
La Cucina ($15*)	Italian (Deck 14, Fwd)	5:30pm-10:00pm
Le Bistro ($20*)	French (Deck 5, Mid)	5:30pm-10:00pm
Moderno ($20*)	Churrascaria (Deck 7, Aft)	5:30pm-10:00pm
Shanghai ($15*)	Asian (Deck 6, Aft)	5:30pm-10:00pm
Teppanyaki ($25*)	Japanese (Deck 7, Mid)	5:00pm-10:15pm
Noodle Bar (A la carte $)	Chinese (Deck 6, Aft)	5:30pm-Midnight
Wasabi (A la carte $)		
Yakitori & Sushi (A la carte $)	Japanese (Deck 7, Mid)	5:30pm-Midnight

* Please note that cover charges are per person.

For the Anytime Appetite

Atrium Snacks	(Deck 5, Mid)	4:30pm-5:30pm
Great Outdoors Snacks	(Deck 15, Fwd)	9:00pm-11:30pm
O'Sheehan's Irish Pub	Deck 6, Mid)	Always Open
Pizza 24/7 ($5)	Delivery Service 066, 061	Always Open
Room Service Delivery	064, 065, 067	Always Open

* Room Service Charge: $3.95 per order between Midnight-5:00am

Stay Healthy: Please wash your hands often, especially after using the restrooms. Please sanitize your hands before any meals and at the gangway when returning to the ship. In addition, sanitizing dispensers are located outside all restaurants & public areas. If you have a Gastro-Intestinal issue, please report this immediately by dialing 00 and remain in your stateroom. While ashore, drink only bottled water, be cautious while dining, wash your hands often and we discourage hand shaking.

Bar Services

Atrium Café, Deck 5, Mid	6:00am-Close
Bliss Ultra Lounge, Deck 7, Fwd	5:00pm-Close
Cagney's Bar, Deck 7, Aft	5:30pm-Close
Cascades Bar, Deck 6, Aft	11:30am-Close
Fat Cats Jazz & Blues Club, Deck 6, Aft	9:00pm-Close
Garden Café/Juice Bar, Deck 15, Fwd	11:30am-Close
Headliners, Deck 6, Fwd	9:45pm-Close
Maltings Beer & Whiskey Bar, Deck 7, Aft	11:30am-Close
O'Sheehan's Bar & Grill, Deck 6, Mid	11:30am-Close
Shakers Martini Bar, Deck 7, Mid	11:30am-Close
Spice H_2O Bar, Deck 16, Aft (18+)	11:30am-Close
SVEDKA Ice Bar, Deck 7, Mid ($20)	5:30pm-Close
The Studio Lounge Bar, Deck 11, Fwd	5:00pm-Close
Wasabi Sake Bar, Deck 7, Aft	11:30am-Close
Waves Pool Bar, Deck 15, Fwd	7:00am-Close

Guest Services

Box Office, Deck 6, Fwd	11:30am-2:00pm & 4:15pm-5:15pm
Click Photo Gallery, Deck 5, Fwd	6:00pm-10:00pm
Cruise Consultant Desk, Deck 5, Mid	4:00pm-8:00pm
Entourage Teen Lounge, Deck 16, Aft	8:00pm-1:00am
Guest Service Desk, Deck 5, Mid (00)	Always Open
Hot-tubs, Deck 15, Mid **	7:00am-Midnight
Hot-tubs Spice H_2O, Deck 15, Aft **	7:00am-Midnight
Kid's Pool, Deck 15, Mid **	7:00am-7:00pm
iConnect Internet Café, Deck 5, Fwd	Always Open
iConnect Manager's Hours, Deck 5, Fwd	4:00pm-6:00pm & 7:00pm-10:00pm
Mandara Spa & Salon, Deck 14, Aft, #030	11:30am-10:00pm
Medical Center, Deck 10, Aft	2:00pm-8:00pm
Doctor's Hours, Deck 10, Aft	4:00pm-6:00pm
Onboard Credit Desk, Deck 5, Mid	Noon-6:00pm
Pool, Deck 15, Mid **	7:00am-10:00pm
Port & Shopping Consultants, Deck 5, Mid	7:00pm-8:30pm
Pulse Fitness Center, Deck 14, Mid	11:30am-11:00pm
Recess Kid's Club, Deck 14, Mid	8:00pm-10:30pm
Recess Late Night Group Sitting, Deck 14, Mid *	10:30pm-1:30am
Sandbar Spirits & Tobacco, Deck 7, Aft	5:00pm-11:00pm
Shore Excursion Desk, Deck 5, Mid	Noon-9:00pm
Spice H_2O Pool, Deck 15, Aft (18+) **	8:00am-3:30pm
The Barber Shop, Deck 7, Aft	11:30am-9:00pm
The Collection Art Gallery, Deck 5, Fwd	6:30pm-10:00pm
The Marketplace, Deck 15, Aft	Closed
Tradewinds Tax & Duty Free, Deck 7, Mid	5:00pm-11:00pm
Video Arcade, Deck 15, Aft	Always Open

* Denotes a fee for this program.
**Weather Permitting

Please note that all guest services will close at 3:00pm for the mandatory

As a courtesy to your fellow guests, the reserving of lounge/sun chairs is prohibited. If any chair is left unattended for longer than 60 minutes, the items will be removed and handed in at the Guest Services Desk, Deck 5, Mid.
Spice H_2O is an adult only venue until 8:00pm. Bliss Lounge becomes an adult only venue after 10:00pm (Unless otherwise stated). A curfew is in effect and guests under the age of 18 are not permitted in public areas, unless with their parents/guardians or in an organized youth activity, after 1:00am.
Show Policy: Failure to cancel reservations 24 hours in advance for Breakfast with Nickelodeon and Cirque Dreams & Dinner will result in your account being charged the full amount. All ticketed shows have seating on a first come, first served basis and all reservations will be released ten minutes prior to the start of the performance. (5 minutes prior for shows in the Spiegel Tent).
Please be advised that it is strictly prohibited to disembark the vessel in any port with any fresh food items, such as: fruits, vegetables and dairy products. These are not permitted to be removed or brought onboard the vessel. All guests need to be over age of 18 to gamble or stay in the casino.
Safety Equipment: Please don't remove or meddle with any safety equipment onboard (such as smoke detectors or fire extinguishers). Please follow all safety instructions from the crew. All guests are reminded to maintain a high level of vigilance and to take appropriate steps to increase their security and safety awareness when departing the vessel.
We strongly recommend no running on the open decks except the jogging track on Deck 7.
Emergency announcements can be heard in your staterooms, on Channel 22 on your stateroom television and in all public areas.
Customer Advisory: There is a risk involved when consuming animal products such as beef, eggs, fish, lamb, poultry or shellfish that is raw or undercooked. There is also a risk involved when consuming unpasteurized juices. If you have a chronic illness immune disorder and are unsure of the risk, please consult a physician. Towel Station on Deck, 15, Mid is for Towel exchange only. Please bring the towel from your stateroom in order to exchange for a new one. Smoking in public areas is only permitted in designated spaces of open decks, casino, cigar bar, or stateroom balcony (cigarettes only). Smoking of any kind is prohibited in the staterooms.
Environmental Hotline: The environmental hotline shall be used only to report actual or potential environmental incidents, spills, and concerns. Please call 1-877-501-5976, Guest Services Desk at 00, or e-mail to Environmentalhotline@ncl.com. All reports are confidential.