

# MENU OF THERAPIES

## \*IONTHERMIE – SLIMMING AND ANTI CELLULITE TREATMENT - 50min

Ionthermie is the ONLY treatment to rapidly break down cellulite; intensively detoxify; firm and tone and give instant improvement to appearance of cellulite. This treatment will give you a dramatic kick start to inch loss, you will lose up to 8 inches per treatment.

**\$159 (Special this week 3 for \$299)**

## MEDI SPA - COSMETIC FACIAL

Uplifting and youth-enhancing treatments including non-surgical brow lift instant lip enhancement, and volumizing skin treatments. Reduce fine lines and wrinkles or instantly replace skin's lost volume. All treatments are FDA-approved and administered by our Spa Physician.

**Complimentary Consultations available.**

## \*24 KARAT FACIAL

Our Epic Facial is not just skin luxury, it is skin stardom. The properties of gold are electrifying, speeding up cell renewal through magnetic forces evoking a brighter and more clarified skin texture with powerful anti ageing results. We combine the 24 karat gold mask with our pro collagen quartz lift facial, an alchemy of precious gems, medicinal grade plant extracts and an expert touch. It will decrease your wrinkles by up to 94% and skin firmness by up to 57% after just one treatment. **75min Standard \$325**, (Value \$299) (only 10% redeemable on 10/20/30)

## \*ELEMIS OXYDERMY - FACIAL

Now you can fight fine lines and wrinkles, reduce skin pigmentation; scaring and reduce pore size. Give your skin that glow that's been eluding you. Let us pamper your skin with the new cutting edge technology that brings Microdermabrasion and Oxygen together in one luxurious treatment. **50 min Standard \$169** (Value \$152)

## \*ELEMIS TRI-ENZYME RESURFACING FACIAL - 50 min Standard \$125 (Value \$112)

### \*ELEMIS QUARTZ LIFT FACIAL -

50 min Standard \$145 (Value \$131)

### \*LA THERAPIE HYDR A LIFT FACIAL -

50 min Standard \$119 (Value \$107)

## \*ABSOLUTE SPA RITUAL

Indulge yourself from Top to Toe with a Full Body Massage leading to the Elemis Pro-Collagen Facial, where a Natural Japanese Silk Protein Compress is combined with the Powerful Actives and Specialized Divine Massage Techniques to Dramatically Firm the Face and Improve the Tone and Elasticity of the Skin. "This exclusive treatment will send you to sensory heaven".

**1hr 40mi Standard \$265**

## ELEMIS FULL BODY MASSAGE

**75min Standard \$165** (Value \$145)

**Call the Mandara Spa on ext #030 or visit us on Deck 15 Fwd to Book Your Appointments. Spa opens everyday 8am – 10pm.**

**ACUPUNCTURE** Take a Vacation from your pain and suffering. Used for 3000 years to effectively treat Back Pain; Arthritis; Allergies; Weight Loss; Stress; Hot Flashes; Fertility; Headaches/Migraines; Stop Smoking; Sciatica and many other health conditions. **One Treatment \$150 Courses available**

## \*AROMA SPA SEAWEED WRAP & MASSAGE

The Power of Aromatherapy combined with the Riches of the Ocean, to Deeply Detox; Cleanse and Condition your Body. Includes - Aroma Seaweed Wrap; Aromatherapy Showers; Pressure Point Reflexology; Shiatsu Scalp Massage; followed with a 50min Full Body Massage, (Results of 3 massages in 1). **75mins - \$195 or 100min - \$259** (Value \$233)

## \*BAMBOO MASSAGE

Imagine warm bamboo shoots of various sizes and essential oils rolling, sliding and massaging your muscles. This gorgeously indulgent massage will revive your senses in a new innovative way, inspiring the most relaxed state. Our therapist will use deep tissue techniques or gentle strokes to melt away your tension and sooth your muscles into sweet oblivion.

**50min \$159 or 75 min Standard - \$199** (Value \$176)

## \*AROMA STONE MASSAGE

Harnessing the properties of Volcanic Basalt stones, placing them on Key Energy Points of your Body to Balance the Mind and Body, taking you into Deep Relaxation. An Extraordinary Full Massage Ritual for 75 minutes, the Heat Penetrates to the Belly of your Muscle to give you maximum benefits; combined with Traditional Massage and Aromatherapy. Pure Bliss.

**50min \$149 or 75min Standard \$195** (Value \$176)

## \*THAI HERBAL POULTICE MASSAGE

This energizing, rhythmic massage utilizes scented herbal poultices that are heated and applied to the body at pressure points to relax the muscles and release tension. Your Therapist then follows with an array of Eastern and Western massage techniques and acupressure movements combined with essential oils that will take your body on an exotic journey of total renewal. **75 min Standard - \$195** (Value \$176)

## \*THAI COCONUT POULTICE MASSAGE

Surrender mind and body to the healing benefits of gently steamed, coconut-filled muslin poultices as they penetrate and relieve every sore muscle. While your therapist presses and massages the body with poultices, Rich Coconut milk drizzles over the body, softening, soothing and nourishing the skin with vitamins, minerals and lipids. This massage is combined with traditional hands on massage and is nothing short of divine. **50 min Standard \$155**

## COUPLES' VILLA MASSAGE

Enjoy a gorgeously relaxing massage in our villa reserved for couples, both of you will enjoy a full body Swedish massage as you lay side by side. 50 minutes. **\$269 per couple, Add bathing ritual \$329 per couple**

## SAVE OVER \$100 BY BOOKING OUR 10/20/30

**PROMOTION.** BOOK ANY 3 SIGNATURE SERVICES AND RECEIVE - - **10% DISCOUNT OF THE 1<sup>ST</sup>, -20% OFF THE 2<sup>ND</sup> AND -30% OFF THE 3<sup>RD</sup>.** Offer applies p/person. \*This symbol indicates a signature.

**PLEASE NOTE:** Please provide 24 hr advance notice when canceling or changing appointments to avoid 50% fee. Appointments made within 24 hours are subject to cancellation policy. Prices subject to change. Specials cannot be combined with other discounts/ specials or coupons. Please note: 18% Service Charge Automatically added to all services.

MEDI-SPA TREATMENTS AVAILABLE ONBOARD:

Restylane®  
redefining beauty™

Perlane®

BOTOX®  
Cosmetic  
Botulinum Toxin Type A

