

Freestyle Daily



NORWEGIAN CRUISE LINE
FREESTYLE CRUISING

Norwegian Jewel

Sunday, September 28, 2008
New York City, New York

Today's forecast
Overcast, 79F/26C

Sunrise
6:52am

Sunset
6:42pm

All Aboard
3:30pm

Tip of the day

Please wash your hands often, especially after using the restrooms and before and after meals. In addition, sanitize dispensers are located outside all restaurants and in public areas for your use. We also discourage any handshaking for your health and safety. If you develop signs of gastroenteritis like new onset symptoms of nausea, vomiting and/or diarrhea, please phone the Medical Center at #040.

Tonight's entertainment

Welcome Aboard Showtime: Bud Anderson

NCL is proud to present Comedian Bud Anderson for an evening of laughter. Photography, audio and video recording is not permitted. Please do not reserve seats and do not sit children or professional basketball players in the front row.

Time: 9:15pm, Stardust Theater, Decks 6 & 7, Fwd (One Show Only!)

Jetlaggers Welcome Aboard Bash

Who needs some help to loosen up and who's ready to party? If you've got the fire inside to have fun, then we've got the ice for your favorite drinks! Featuring a variety of party music with our Nightclub Band, 60280, starting at 10:30pm and going to whenever. Get to know your fellow guests and burn up the dance floor with your Entertainment team.

Time: 10:30pm, Spinnaker Lounge, Deck 13, Fwd

NCL Towel Policy

Meet your comfy pool towels.

We have provided you with some great pool towels in your cabin for use at poolside and for the pool. Need fresh ones? Leave them on your bathroom floor (not by the pool) and we'll replace them. Just a reminder that any pool towels missing from your stateroom will be charged to your on board account at the end of your cruise.

Want to keep them? No problem. They're available for \$25 each. Ask your Stateroom Steward and new ones will be delivered.

Need more towels?

Extras are available at the pool deck for a deposit of \$25 each. Need a fresh towel? You can exchange your wet towel at the pool deck whenever you need a new one. And, don't forget to return them to the same place (not your stateroom) before 8:00pm on the last night of your cruise to void your deposit.

What's on tap today

Important Embarkation Notice: Luggage delivery is a lengthy process and we appreciate your patience. If you have not received your luggage by 8:00pm please contact the Reception Desk. In case you have delayed luggage with the airline, please contact the Reception Desk at extension #7000 or stop by on Deck 7 Mid, in the Crystal Atrium so that we can assist you by following up with your airline.

Splashdown Kids Crew: Parents, be sure to register your kids for our high-energy youth & teen program with our dedicated Counselors.
Time: 12:00pm-3:00pm & 4:00pm-7:00pm
Splashdown Kids Center, Deck 12, Mid

Shore Excursions: So many ports, so many tours...how do you know which one is the best for you? Come down and meet our team, we're here to offer expert advice and help plan your vacation. Looking ahead, don't miss the Destination & Shore Excursion talk taking place tomorrow at 10:00am in the Stardust Theater.
Time: 1:00pm-9:00pm (closed during drill)
Crystal Atrium, Deck 7, Mid

Mandatory Boat Drill: We are conducting the Coast Guard Emergency Boat Drill at 3:30pm. All guest services will close at 3:00pm until after the drill. Please view our safety video on television channel 24 for more information.

Sports Court: Get active and play sports from tennis and volleyball to basketball and more. The Court will be open from 9:00am-5:00pm daily for open play, fitness classes, tournaments and contests. Meet with your Sports Director for all the details and to fill out your waivers.
Time: 5:00pm
Sports Court, Deck 13, Aft

Latitudes Members Unite: Meet your Cruise Consultants Laura & Janet and win big with Cruise Rewards! When you sign up, you receive \$100 to spend on board this cruise, plus today only - you get extra \$ to try your lady luck in the Jewel Club Casino. So, why not sign up today? If you've sailed NCL before and didn't receive a welcome letter, come let us know!
Time: 5:00pm-7:00pm
Fyzz Lounge, Deck 7, Fwd

Don't miss this!

Scenic Sailaway & BBQ: The Drill may be mandatory but our Sailaway is a must! Enjoy live music with Party Band 60280 at 4:00pm and meet your Entertainment team to kick off the party at 4:30pm. Wave goodbye to NYC and hello to adventure and don't forget your cameras!
Time: 4:00pm, Poolside, Deck 12, Mid (Event held in Spinnaker Lounge if inclement weather.)

Bar Promotions

Drink of the Day: "Bon Voyage" \$7.95 (served in a Souvenir Glass for you to keep)

Martini Special: "Forbidden Fruitini" \$9.75 (served in 8.4 oz Glass)

Alc-Smoothie of the Day: "Dirty Banana" \$8.95

Coffee of the Day: "Café Francais" \$5.75

Be sure to check out NCL's Unlimited Fountain soda program. Ask our friendly Bar Staff for additional information!

Dear Cruise Director,

Can I use my cell phone on the ship?

Yes, you can make and receive calls from around the world on your cell phone when at sea. When in port, you will be connected and billed through your home carrier's local roaming partner. Details, including dialing instructions, can be found in the Internet Café, on the computer login screen or with your Internet Café Manager.

For added convenience, ship to shore dialing is also available from your stateroom. Just refer to the instructions near your stateroom phone.

You can also stay connected with NCL's daily newspaper service delivered to your stateroom or you can get connected with access to the Internet and stay in touch via email at our Internet Café. If you have a laptop, "wireless hotspots" are located in the Atrium, Garden Café, Blue Lagoon, the pool area, the Library, and the Internet Café.

More questions? Stop by our Internet Café on Deck 7, Aft.

Shore Excursions

From Scenic Boston to beautiful Halifax, Nova Scotia, Quebec City, Charlottetown, Sydney a city with so many historic places. We have something for everyone to enjoy. It all awaits you! Visit the Shore Excursion Desk today and leave the planning to us. Book now as spaces are limited! 24 hour drop box is also available for booking for your convenience.

Time: 1:00pm-9:00pm (closed during drill)

Crystal Atrium, Deck 7, Mid

Freestyle Cruise Rewards

Sign up for Cruise Rewards today & receive \$100 to spend on board today! 1 year to book & 2½ years to sail! Cruise Rewards is compatible with any promotion & you can book through your favorite travel professional once you're home. If you've cruised with NCL before and haven't received your Welcome Letter, please register with us tonight.

Time: 7:00pm-8:30pm

Cruise Consultants, Crystal Atrium, Deck 7, Mid

Exotic Thermal Suite

Relax in our exotic private chambers with the use of heat, steam and aromatherapy to de-stress your mind, body and soul. Included in your pass are the Jacuzzi's, Tropical and Ice-drench showers, Sauna and Steam rooms, Japanese plunge pool and the Hydro-Therapy Pool! Sign Up today for your unlimited cruise pass - \$115pp. or \$20 per day

Time: 12:00pm-10:00pm (closed during drill)

Bora Bora Spa, Deck 12, Fwd

Port & Shopping

We want you to have the best time in port! Meet Valerija and find out how you can have a truly memorable vacation. Valerija is a wealth of knowledge from port information to best buys. Don't miss the Port & Shopping Talk and Seminars to learn how to save time and money on your vacation. Valerija is available for you at the Shopping Desk this evening as well.

Time: 7:00pm-9:00pm

Crystal Atrium, Deck 7, Mid

Photo Gallery

Forget anything at home? The Photo Gallery can supply you with batteries, film, digital media and all other photographic needs. If your digital media fills up during the voyage, our photographers will burn it to a CD for you so that you can get back to taking pictures!

Time: 5:00pm-11:00pm

Photo Gallery, Deck 7, Aft

Colombian Emeralds

Spot the Fake Emerald. One is a fake, the other two are real. How good are you with your jewels? Enter to win a prize worth \$500.

Stay tuned for the "World Ammolite Unveiling" coming soon with your Gift Shop professionals.

Time: 4:30pm-11:00pm

Galleria Shops, Deck 7, Aft

Grand Unveiling - 6 Days To Go!

Jewel Club Casino

Casino at Sea card members get 2 Slot and/or Blackjack tournament entries for only \$30 (\$40 regular price). Prizes include complimentary dinners and \$500 in the finals. Sign up for the Texas Hold'Em tournament; only \$60 to enter. To sign up, stop by the Hospitality Desk in the Casino anytime after 1:00pm.

Time: 4:30pm-Whenever

Jewel Club Casino, Deck 6, Fwd

Internet Café

Satellite Internet access is available for your convenience. You can log on through our own terminals, or get your laptop connected via Wireless in the public lounges, or in your cabin with the use of an Ethernet cable. Dave, the Internet Café Manager would like to encourage you to pick up a Wireless information sheet at the Internet Café.

Mgr's Hours: 1:30pm-Boatdrill & 7pm-10pm
Internet Café, Deck 7, Aft



Freestyle Daily Activities



Add pizzazz to your afternoon...

Spa Tours and Treatment Demonstrations
 Fitness Center Open House – meet your Fitness Instructors
 Open Sports Play (closed during Drill)
 Casino Hospitality Desk – get your Player's Club Card
 NFL Football - Cleveland Browns VS Cincinnati Bengals
 Latin Music & More with the Alambre Trio (weather permitting)
 Wii™ Nintendo Sports – from baseball to boxing to cow jumping
 Guided Ship Tour – get to know the public spaces
 Mandatory Emergency Life Boat Drill
 Casino Launch Party – Free rum punch for Card sign ups
 Scenic Sailaway – enjoy the Statue of Liberty and more
 Party & Dance Music with 60280 (weather permitting)
 Golf Driving Cages Open
 Wii™ Virtual Game Play, Scene It, Karaoke & More!
 NFL Football – Washington Redskins VS Dallas Cowboys
 Poolside Cruise Kick-Off with your Cruise Director's Staff
 Friends of Bill W. Meet
 Sports Court Orientation with your Sports Director
 Latitudes Members Unite!
 Piano Melodies with Vladimir

Bora Bora Spa, Deck 12, Fwd 12:00pm-3:00pm
 Fitness Center, Deck 12, Fwd 12:00pm-3:00pm
 Sports Court, Deck 13, Aft 12:00pm-5:00pm
 Jewel Club Casino, Deck 6, Fwd 1:00pm
 Maltings Bar, Deck 6, Mid 1:00pm
 Sapphire Poolside, Deck 12, Mid 1:00pm-3:00pm
 Fyzz Lounge, Deck 7, Fwd 2:00pm-3:00pm
 Meet in Library, Deck 12, Fwd 2:15pm
 PA System 3:30pm
 Jewel Club Casino, Deck 6, Fwd 4:00pm
 Poolside, Deck 12, Mid & Open Decks 4:00pm
 Sapphire Poolside, Deck 12, Mid 4:00pm-5:00pm
 Sports Deck, Deck 13, Aft 4:00pm-5:00pm
 Whatever Rooms, Deck 7, Fwd 4:00pm-Whenever
 Maltings Bar, Deck 6, Mid 4:15pm
 Sapphire Poolside, Deck 12, Mid 4:30pm
 Chapel, Deck 13, Fwd 5:00pm
 Sports Court, Deck 13, Aft 5:00pm
 Fyzz Lounge, Deck 7, Fwd 5:00pm-7:00pm
 Crystal Atrium, Deck 7, Mid 5:30pm 'til at least 7:30pm

Everything's hotter when the sun goes down...

Complimentary Spa Raffle (Live drawing)
 Singer/Guitarist RJ "Red"
 Free Liquor Tasting – Try before you buy! (One night only)
 "Guess the Price of the Picasso" – win a work of art!
 Trivia Challenge – test your general knowledge
 Friends of Dorothy Meet (GLBT)
 Party & International Dance Hits with 60280
 Evening Entertainment with Musical Duo Margie & Sam
 Wii™ Nintendo Sports – from baseball to boxing to cow jumping
 NFL Football – Philadelphia Eagles VS Chicago Bears
 Latin Guitars & Melodies of the Alambre Trio
 Singles Social Dinner Sign-Up
 Karaoke Madness
 Dance to the Oldies with DJ Jeperson and your Dance Host
 Welcome Aboard Showtime: Bud Anderson
 Piano Tunes and Favorites with Vladimir
 Singer/Guitarist RJ "Red"
 Evening Entertainment with Musical Duo Margie & Sam
 Jettaggers Welcome Aboard Bash featuring Nightclub Band 60280
 Welcome Aboard Late Night Disco with DJ Jeperson
 Paradise Lotto Draw

Aerobics Studio, Deck 12, Fwd 6:00pm
 Bar City, Deck 6, Mid 6:00pm-7:00pm
 Galleria Gift Shops, Deck 7, Aft 6:00pm-9:30pm
 Art Gallery, Deck 7, Aft 6:30pm-11:00pm
 Fyzz Lounge, Deck 7, Fwd 7:00pm
 Star Bar, Deck 13, Mid 7:00pm
 Spinnaker Lounge, Deck 13, Fwd 7:00pm-9:00pm
 Bar City, Deck 6, Mid 7:00pm-9:00pm
 Fyzz Lounge, Deck 7, Fwd 7:30pm-8:30pm
 Maltings Bar, Deck 6, Mid 8:00pm
 Crystal Atrium, Deck 7, Mid 8:00pm-10:00pm
 Bar City, Deck 6, Mid 8:30pm
 Fyzz Lounge, Deck 7, Fwd 8:30pm-9:30pm
 Spinnaker Lounge, Deck 13, Fwd 9:00pm-10:00pm
 Stardust Theater, Decks 6 & 7, Fwd 9:15pm
 Star Bar, Deck 13, Mid 9:30pm-Whenever
 Bar City, Deck 6, Mid 10:00pm-Whenever
 Fyzz Lounge, Deck 7, Fwd 10:00pm-Whenever
 Spinnaker Lounge, Deck 13, Fwd 10:30pm
 Spinnaker Lounge, Deck 13, Fwd 11:30pm-Whenever
 Jewel Club Casino, Deck 6, Fwd 11:45pm

Ok, we know this looks like a schedule (gasp!), but remember, you're free to...whatever!

Bar Services

Java Café Deck 7, Mid	8:00am- Whenever
Topsiders Bar Deck 12, Mid	11:30pm-Whenever
The Great Outdoors Deck 12, Aft	11:30pm-Whenever
Sky High Bar (Smoking Bar) Deck 13, Mid	11:30pm-Whenever
Spinnaker Lounge Deck 13, Fwd	11:30pm-Whenever
Maltings Beer & Whiskey Bar Bar City, Deck 6, Mid	4:00pm-Whenever
Shakers Martini & Cocktail Bar Bar City, Deck 6, Mid	4:00pm-Whenever
Magnums Champagne & Wine Bar Bar City, Deck 6, Mid	4:00pm-Whenever
Fyzz Cabaret Lounge Bar Deck 7, Fwd	4:00pm-Whenever
Star Bar Deck 13, Mid	4:00pm-Whenever
Jewel Club Casino Bar Deck 6, Fwd	4:30pm-Whenever

Guest Services

Reception Desk Deck 7, Mid (#00) Crystal Atrium	Always Open
Internet Café Deck 7, Aft	Always Open
Library Deck 12, Fwd	Always Open
Starlight Video Arcade Deck 12, Mid	Always Open
Bodywaves Gym Deck 11, Fwd	Always Open
Bridge Viewing Room Deck 11, Fwd (*Closed briefly for arrivals & departures)	Open All Day until Sunset
Sports Court Deck 13, Aft	11:30am-5:00pm
Waterslide Hours** Deck 12, Mid	11:30am-6:00pm
Bora Bora Spa Deck 12, Fwd	11:30am-10:00pm
Sapphire Pool/Jacuzzi** Deck 12, Mid	11:30am-11:00pm
Shore Excursion Desk Deck 7, Mid Crystal Atrium	1:00pm-9:00pm
Medical Center Deck 4, Mid	4:00pm-5:00pm
Golf Driving Cages Sports Deck, Deck 13, Aft	4:00pm-5:00pm
Gift Shops & Colombian Emeralds Deck 7, Aft	4:30pm-11:00pm
Jewel Club Casino Deck 6, Fwd	4:30pm-Whenever
Cruise Consultant Deck 7, Mid Crystal Atrium	7:00pm-8:30pm
Photo Gallery Deck 7, Aft	5:00pm-11:00pm
Art Gallery Deck 7, Aft	6:30pm-11:00pm
Shopping Representative Deck 7, Mid Crystal Atrium	7:00pm-9:00pm

**Weather Permitting

Announcements: Announcements made over the ship's PA system can be heard on your stateroom TV channel #23.
Casino: You have to be 18 (and have ID) to gamble or be in the Casino. Sorry, but no winnings can be paid to any person or bets in violation. Pipes or cigars can't be taken in, but cigarette smoking is ok. Slot winnings of \$1200 and above could be subject to W2-G tax withholding.
Jacuzzis & Pools: Our forward pool & Jacuzzis are only for adults. Our pool (by the slide) is family friendly. No lifeguard on duty.
Smoking Policy: Smoking is only allowed inside the Casino, staterooms, Sky High Bar and designated outside deck areas.
Environmental Hotline: You can report environmental incidents by calling 1-877-501-5976, reception at 7000, or e-mail environmentalhotline@ncl.com -reports are confidential.
Sharps Containers: If you've got any type of needles to throw away, see Reception or the Medical Center.

Freestyle Dining

Satisfy Your Afternoon Appetite:

Tsar's Palace Dining Room Deck 7, Aft	12:00pm-2:00pm
Garden Café Deck 12, Mid (Additional seating in Mama's, Deck 12, Aft)	12:00pm-3:00pm
Great Outdoors** Deck 12, Aft	12:00pm-3:00pm

What Are You In The Mood For?

Sailaway BBQ**	4:00pm-Whenever
Garden Café Deck 12, Mid	5:00pm-9:00pm
Tsar's Palace Dining Room Deck 7, Aft	5:30pm-9:30pm
Le Bistro (\$15) Deck 6, Mid	5:30pm-10:30pm
Cagney's (\$20) Deck 13, Mid	5:30pm-10:30pm
Sushi Bar (\$15) Deck 7, Mid	5:30pm-10:30pm
Chin-Chin (\$15) Deck 7, Mid	5:30pm-10:30pm
Teppanyaki (\$25) Deck 7, Mid	5, 6:30, 8, 9:30pm
Mongolian Hot Pot (\$15) Deck 7, Mid	5:30pm-10:30pm
Tango's (\$10) Deck 8, Mid	5:30pm-10:30pm
Mama's Italian (\$10) Deck 12, Aft, Portside	5:30pm-10:30pm
Azura Dining Room Deck 6, Mid	6:00pm-10:30pm

For Whenever You Are Hungry:

Blue Lagoon Deck 8, Mid	Always Open
Room Service	Always Open

Late Night Snacks:

Garden Café Deck 12, Mid	10:30pm-11:30pm
Jewel Club Casino Deck 6, Fwd	11:00pm-1:00am

Restaurant Reservations Check out all the great restaurants on board from buffet to Asian and good ole steak! You can make reservations for all restaurants in advance for the day of and the following day only. Visit one of our specialty restaurants tonight for a delicious dinner. The Restaurant Reservations Desk is open from 12:00pm-3:00pm & 4:00pm-5:00pm in the Crystal Atrium, Deck 7, Mid

Guest Advisory - In case you didn't know, there's a certain level of danger to eating raw or under cooked animal products. It's also risky to drink juices that haven't been pasteurized. So if you have any immune system disorders, you should ask your doctor.

What to Wear - You'll always find a place for your style, no matter what you want to wear. Resort casual (including jeans) is welcome in all of our restaurants, except Tsar's, our designated "dress-up" Restaurant after 5:00pm. Please note that tank tops and shorts are not allowed in any restaurant after 5:00pm except for the Garden Café.

**Weather Permitting

Walking & Jogging: Deck 13 is a walking/jogging track open 24/7. Deck 7 is a walking-only track; it's open 9am-9pm. Remember, all sport play is at your own risk. Sport Court waivers must be filled out before all tournament play. Under 18 must be completed by a parent.
Deck Chairs: Please no reserving of Deck Chairs. Personal items left unattended for more than 30 minutes will be brought to Reception.
Safety Equipment: Please don't remove or meddle with any safe equipment onboard (such as smoke detectors or fire extinguishers) and, please follow safety instructions from the crew members.
Cell Phone: As a courtesy to other guests, please set your cell phone to silent and avoid conversations in dining areas and theaters onboard.
Restaurant Cancellations: To ensure each of our guests receive our best service, we can only hold your dinner reservation for 15 minutes. If you need to cancel, please do so by 5:00pm on the day of your reservation to avoid having the cover charge for up to two guests applied to your account.
Open Flames: Open flames (like candles & incense) aren't allowed.
Customer Relations: Got a service problem? We'll do our best to solve it! Call Reception by dialing 00.

