

# CHEF'S DAILY SPECIALS

## DINNER

### CANYON RANCH SPA SELECTIONS

Mixed Greens and Roasted Beetroot Salad with Vanilla Balsamic Dressing 110/4/5 (v)  
Sautéed Red Snapper, Green Beans, Cherry Tomatoes and Wild Rice Served with a Kumquat Vinaigrette 330/11/6  
Lemon and Blackberry Tart with Vanilla Sauce 140/6/1

### APPETIZERS AND SOUPS

Tuna Sashimi with Seaweed Salad, Pickled Ginger and Japanese Rice\*  
Cream of Vegetable Soup with Pesto Sauce (v)  
Beef Consommé with Barley and Vegetables  
Chilled Beetroot Soup with Sour Cream (v)

### SALAD

Iceberg and Escarole Lettuce with Julienne of Vegetables and Aged Balsamic and Virgin Olive Oil or  
Sour Cream and Chive Dressing (v)  
Dressings: Aged Balsamic and Virgin Olive Oil Dressing, Sour Cream and Chive Dressing

### ENTREES

Grilled Halibut with a Wild Mushroom Fricassee, Glazed Carrots and Truffled Creamed Potato  
Chinese Style Crispy Lemon Shrimps on Wok-fried Glazed Vegetables, Egg-fried Garlic Rice  
Roasted Beef Tenderloin and Braised Short Ribs, Celeriac Puree, Speck Potato Rösti, Red Wine Sauce \*  
Baby Vegetable and Cashew Korma Served with Saffron Rice, Poppadums, Chapati Bread and Raita (v)

### FRESH SELECTION OF VEGETABLES

Medley of Steamed Vegetables  
Mashed Potatoes, Baked Potato, Parsley New Potato, French Fries

### DESSERTS

Florentine Basket with Fresh Berries and Orange Mousse  
Caramelised Pear Napoleon Served with Golden Syrup and Pear Compote  
Warm Chocolate Fondant with Cardamom Caramel and Vanilla Ice Cream  
Low Sugar Apricot Mascarpone Cake with Apricot Sauce  
Dulce de Leche and Pistachio Ice Cream with Raspberry Sorbet and Peach Sauce

Nutrition Key : Calories / Fat Grams / Fibre Grams (V) Indicates dishes suitable for Lacto-ovo-vegetarians

\* Public Health services have determined that eating raw, undercooked or partially cooked meats, seafood, shellfish, eggs, milk, or poultry may present a health risk to the consumer and may increase your risk for food borne illness especially if you have certain medical conditions.

These menu items are individually marked by an asterisk.

