

Breakfast

(It's easy to see who the "morning people" are, don't you think?)

Express

**Choice of Chilled Juice and Yogurt, Scrambled Eggs with Crisp Bacon,
Assorted Pastries, Coffee or Tea**

Fruit Juice Cocktails

Orange, Grapefruit, Cranberry, Apple, Prune, Tomato

Yogurts

Selection of Plain and Assorted Fruit Yogurts

Fresh Fruit and Compote

**Diced Tropical Fruits
Cottage Cheese**

Chilled Melon in Season

Half Grapefruit, Sliced Banana, Stewed Prunes

Peach or Pear Compote

From the Bakery

**Sweet Bran or Fruit Muffin, English Muffin, Assorted Danish Pastries,
Croissant, Cinnamon Roll, Sweet Roll, Bagel,
White and Whole Wheat Toast**

Preserves

Assorted Jellies, Marmalades, Honey, Peanut Butter

Cold Cereals

**Corn Flakes, Frosted Flakes, Rice Krispies, Fruit Loops, Cheerios,
Total, Raisin Bran, All Bran, Shredded Wheat, Product 19,
Special K or Quaker 100% Natural**

Hot Cereals

**Cream of Wheat, Oatmeal or Grits
Hot Milk, Cinnamon Brown Sugar, Raisins**

Eggs to Order

Pan-fried Sunny Side Up or Over Easy, Boiled, Scrambled, or Poached

Create Your Own Omelet

Plain, Ham, Mushroom, Cheddar Cheese, Bell Peppers, or Herbs
Prepared with Whole Egg, Cholesterol Free Egg Substitute, or Egg White

Eggs Benedict

Traditional Benedict
Canadian Bacon, Hollandaise Sauce

Smoked Salmon Benedict
Spinach and Dill Hollandaise Sauce

Other Specials

Smoked Salmon
Capers, Cream Cheese

Southern Biscuit
Sausage and Gravy

Broiled Scotch Kipper
Griddled Onions

Pancakes, French Toast and Waffles

Traditional Buttermilk Pancakes
Blueberry Syrup

Cinnamon Raisin French Toast
Maple Syrup

Golden Waffles
Whipped Cream, Banana Compote

Sides

**Crisp Bacon, Grilled Ham, Pork Link Sausage, Turkey Link Sausage,
Country Potatoes, Hash Brown Potatoes, Corned Beef Hash,
Dollar Pancakes, Baked Beans**

Beverages

**Coffee, Decaffeinated Coffee, Espresso, Cappuccino,
Assorted Teas, Milk, Skim Milk, Hot Chocolate**