

# PASSAGES

THE DAILY NEWSLETTER ABOARD REGENT SEVEN SEAS CRUISES

**WEDNESDAY, AUGUST 27, 2014 | SOUTHAMPTON, UNITED KINGDOM**

SEVEN SEAS VOYAGER | EVENING DRESS CODE: ELEGANT CASUAL

*Welcome Aboard*



## **MASTERS & TSARS | SOUTHAMPTON, UNITED KINGDOM TO STOCKHOLM, SWEDEN**

WEDNESDAY, AUGUST 27, 2014 TO MONDAY, SEPTEMBER 8, 2014

ALL ABOARD FOR DRILL: 4:30PM | LIFEBOAT DRILL: 5:00PM | DEPARTURE: 5:30PM

DATE	PORT	DRESS CODE	ARRIVE	DEPART
AUGUST 27	SOUTHAMPTON, U.K.	ELEGANT CASUAL		5:30PM
AUGUST 28	BRUGES (ZEEBRUGGE), BELGIUM	ELEGANT CASUAL	8AM	6PM
AUGUST 29	AMSTERDAM, NETHERLANDS	ELEGANT CASUAL	8AM	6PM
AUGUST 30	AT SEA	ELEGANT CASUAL		
AUGUST 31	COPENHAGEN, DENMARK	ELEGANT CASUAL	9AM	8PM
SEPTEMBER 1	AT SEA	ELEGANT CASUAL		
SEPTEMBER 2	RIGA, LATVIA	ELEGANT CASUAL	8AM	4PM
SEPTEMBER 3	TALLINN, ESTONIA	ELEGANT CASUAL	10AM	6PM
SEPTEMBER 4	ST. PETERSBURG, RUSSIA	ELEGANT CASUAL	9AM	OVERNIGHT
SEPTEMBER 5	ST. PETERSBURG, RUSSIA	ELEGANT CASUAL		OVERNIGHT
SEPTEMBER 6	ST. PETERSBURG, RUSSIA	ELEGANT CASUAL		6PM
SEPTEMBER 7	HELSINKI, FINLAND	RELAXED CASUAL	8AM	4PM
SEPTEMBER 8	STOCKHOLM, SWEDEN	ELEGANT CASUAL		DEBARK

## Culinary CORNER



Watch this space each day for updates on culinary events throughout the voyage, brought to you by Food & Beverage Director Donald Curbelo, Executive Chef Jonathan Smid and Dining Room Manager Dejan Gami.

### MENU PREVIEW

Dinner menus for the Compass Rose Restaurant (4), Sette Mari at La Veranda (11), Prime 7 (5) and Signatures (5) are placed outside each restaurant and displayed daily in the bars and lounges. It is possible to review the Compass Rose Restaurant and Sette Mari dinner menus on channel 17 on your in-suite TV. The 24-Hour Room Service menu is available in your in-suite Guest Directory. Printed menu previews are also available the evening prior, by request, from your Butler or Room Service by dialing 8888.

### DINING RESERVATIONS

We kindly ask guests who made reservations via the RSSC website for Prime 7 and Signatures Restaurants, and did not yet receive a confirmation card, to kindly contact the dining room team or Reception by dialing 0. Onsite reservations are being taken in Compass Rose Restaurant (4) from Noon until 4pm today and during regular breakfast and lunch hours from tomorrow onward.

### DATES FOR YOUR DIARY

For those guests confirming reservations in the specialty restaurants and making other arrangements, please be advised that the Welcome Reception is scheduled for August 28 at 6:15pm, Seven Seas Society Night is September 1 and the Crew Show is on September 6, all commencing at 6pm.

## GENERAL EMERGENCY DRILL

In accordance with International Maritime Law, all guests are required to attend an emergency drill. This will take place today, August 27 at 5:00pm and it is compulsory to attend. All guests should use the staircase in order to reach their Muster Station, because elevators might not be operational in an emergency. Guests with physical disabilities should contact Reception and will receive assistance from shipboard personnel. Your assigned Muster Station is listed on the back of the entrance door of your suite and is also printed on your suite key card. Life vests are located on the top shelf in the walk-in closet of each suite. The emergency signal is — SEVEN SHORT BLASTS FOLLOWED BY ONE LONG BLAST. This is the ONLY signal that requires you to take action.

Please note that even if you are familiar with the ships of the Regent fleet, safety procedures are constantly updated and all guests are required to attend.

## GENERAL ANNOUNCEMENTS

Out of consideration to our guests, announcements are kept to an absolute minimum and can be heard on open decks, in public areas and on Channel 2 of your television. In the unlikely event of an emergency and also during weekly emergency drills for the crew, announcements will be ship wide.

## DESTINATION SERVICES AND CONCIERGE

Dear Guests,

It is our great honor to welcome you aboard *Seven Seas Voyager* and we sincerely hope that you will enjoy your time on board as well as ashore in our ports of call. Destination Services and the Concierge provide you with the highest level of service on board and an unrivaled experience ashore.

THE DESTINATION SERVICES TEAM is located on Deck 5 in the atrium to provide you with detailed information on our ports of call. Our services include general day-to-day Port Information, Port and Shore Excursion Presentations by the Destination Services Manager on channels 5 & 6, shore excursions, private vehicle touring with unique experiences ashore, private guides for touring and disembarkation arrangements.

THE EXECUTIVE CONCIERGE is located on Deck 5 and may be contacted via Reception. The Executive Concierge is available to answer any questions regarding services on board the vessel, private party & cocktail arrangements and can also assist you with private dining arrangements ashore, rental cars, museum and theater tickets, golfing, flight confirmations and assist with tracking luggage that may have gone astray during your travels.

Once again, from all of us at Destination Services and the Executive Concierge, we welcome you aboard and look forward to serving you.

We look forward to serving you!

DESTINATION SERVICES MANAGER AND EXECUTIVE CONCIERGE

## HYPODERMIC NEEDLES - DISPOSAL OF SHARP OBJECTS

We kindly ask those guests using hypodermic needles for medical reasons to please request a sharps container from your stateroom stewardess.

If you are using syringes with needles or any other device for injection, would you kindly inform your stewardess, who will be happy to provide you with a sharp container for collection of these used items for their safe and proper disposal.

## SAVE YOUR PASSAGES

Many guests have decided to save their *Passages* newsletters as souvenirs of the cruise. If you wish to do the same, you should put aside each newsletter as it is given to you, as only a limited number of spare copies are available.

## WELCOME ABOARD

All Day	The VOYAGER TODAY will be broadcast on TV Channel 1 and destination information on channels 5 & 6	
All Day	DAILY CHALLENGES: Games are in the Game Room (5), the Jigsaw on Deck 5 and the daily quizzes in the Library	
All Day	PTV PRESENTATION: "Broadway" Episode 1	TV Channel 9
All Day	PTV PRESENTATION: "Superheroes"	TV Channel 17
	On this special 'PTV at Sea' cruise we have all Downtown Abbey programs up to Series 4 available on your in-suite TV	
12:00 - 9:00pm	THE CANYON RANCH SPA CLUB invites guests to book appointments in person	Spa Club (6)
12:00 - 9:00pm	THE DESTINATION SERVICES DESK: Opens for tour bookings and assistance	Destination Services Desk (5)
12:00 - 4:00pm	RESERVATIONS for <i>Signatures &amp; Prime 7</i> can be made in person at the entrance to....	Compass Rose Restaurant (4)
1:00 - 6:00pm	CANYON RANCH SPA CLUB: Meet your Fitness Director, Byron	Aerobics Studio (6)
4:00 - 4:30pm	AFTERNOON TEA TIME: Enjoy snacks, sweet treats, and soothing tea with relaxing background melodies	Horizon Lounge (5)
4:30pm	<b>ALL ABOARD: <i>Seven Seas Voyager</i> prepares to set sail</b>	
5:00pm	<b>COMPULSORY LIFEBOAT DRILL FOR ALL GUESTS</b> In accordance with International Maritime Law, <u>at the sound of the ship's alarm</u> , you are requested to proceed to your Muster Station with your lifejacket, which is located in the closet of your suite. The location of your Muster Station is indicated on the back of the entrance door to your suite and on your suite key card. Instructions will be given over the public address system. We request that you do not congregate outside your Muster Station before the emergency signal is sounded	
5:30pm	<b>DEPARTURE: <i>Seven Seas Voyager</i> sets sail for Zeebrugge, Belgium (168 nautical miles)</b>	

## GOOD EVENING-DRESS CODE: ELEGANT CASUAL

*A skirt or slacks (no jeans) with a blouse or sweater, pant suit or dress for ladies; slacks (no jeans) and collared shirt for gentlemen. Sport jackets are optional*

6:00 - 6:45pm	PRE-DINNER MELODIES the band trio serenades you for a pre-dinner cocktail	Horizon Lounge (5)
6:15 - 7:30pm	PIANO SERENADE: Enjoy cocktails and conversation with friends and fellow travelers as Resident Pianist Volodymyr presents pre-dinner melodies	Observation Lounge (11)
6:15pm	FIRST TIME CRUISERS GET TOGETHER: Enjoy this informal gathering with Cruise Consultant Gudrun Werner for a chance to discover the world of Regent and the <i>Seven Seas Voyager</i>	Horizon Lounge (5)
6:30 - 7:45pm	SPONTANEOUS SOUNDS: Join the Olympic Duo for some early evening musical treats	Voyager Lounge (4)
6:45 - 7:15pm	SOCIAL AND SOLO TRAVELERS: Join fellow guests for cocktails and conversation before heading to dinner. Hosted by your Social Hostess, Laura	Horizon Lounge (5)
6:45 - 7:30pm	WELCOME ABOARD DANCING DELIGHTS: The Regent Signature Quartet presents dance favorites for your early evening enjoyment. Glide across the floor or catch up with friends for cocktails and conversation	Horizon Lounge (5)
8:30 - 9:15pm	AFTER DINNER DANCING: The Olympic Duo plays mid-evening music - the perfect combination after dessert and before the show!	Voyager Lounge (4)
8:45 - 9:45pm	AFTER DINNER SERENADE: Enjoy the intimate surroundings of the Room at the Top as Resident Pianist Volodymyr presents piano melodies	Observation Lounge (11)
9:15pm	SHOWTIME: REGENT PROUDLY PRESENTS LA MUSICA: Adam and Lisa are an attractive partnership with an outstanding vocal ability. Described as 'Contemporary Classical' they perform an interesting mix of music in their own unique style. Accompanied by the Regent Signature Orchestra	Constellation Theater (4/5)
10:00 - 11:15pm	DUO LATE & LIVE: The Olympic Duo entertains in the late-night venue, providing you a chance to boogie on the dance floor or simply sit back and relax with friends and fellow guests with a beverage from our Bar team	Voyager Lounge (4)
10:00 - 11:00pm	SUNSET SERENADE: Capture the intimate surroundings of the Room at the Top as Resident Pianist Volodymyr presents piano melodies to serenade you into the night	Observation Lounge (11)
10:00 - 11:15pm	MELLOW LATE-NIGHT SOUNDS: Relax with a cocktail and background music from the Regent Signature Quartet. Enjoy a treat from the Bar team with friends and fellow guests	Horizon Lounge (5)
11:15pm - Late	INTRO TO THE JUKEBOX: Choose from over 7,000 songs for your listening and dancing pleasure. The Entertainment Team will be on hand until 11:15pm to guide you through the simple steps	Voyager Lounge (4)
	<b>We would like to wish all of our embarking guests a very pleasant first evening on board <i>Seven Seas Voyager</i></b>	
	<b>TIME CHANGE: Please set your watches and clocks FORWARD 1 hour before retiring this evening, August 27<sup>th</sup></b>	

## COMPASS ROSE



Located on Deck 4 mid-ship, this elegant restaurant features the finest in contemporary cuisine. There are selections for the health conscious, from the Canyon Ranch, vegetarian dishes and local specialties representing the cruise destination. The Compass Rose Restaurant offers single, open seating dining, allowing you to dine when and with whom you choose. Reservations cannot be accepted; all seating is assigned on a first-come, first-serve basis. The Compass Rose Restaurant will gladly attempt to accommodate any special requests as well as any dietary requirements you may have. Please contact the Dining Room Manager in the Compass Rose Restaurant, either in person or by dialing 3421/3422 from 1:00pm until 4:00pm on the first day of the cruise or during regular opening hours at least 24 hours in advance.

## Sette Mari at LA VERANDA



Located on Deck 11, Sette Mari at La Veranda Showcases Authentic Italian Specialties. Translated from the Italian "Seven Seas," this new restaurant offers an extensive menu of authentic antipasti and Italian specialty items paired with distinctive Italian wines. Using fresh, gourmet ingredients, each hand-crafted dish is prepared al momento (cooked to order) by our talented chefs. Al fresco dining is also available so guests can dine into the sunset. Buon Appetito!

No reservations required. Dress code is Elegant Casual.

## P R 7 M E



The most intimate of restaurants on board, Prime 7 on Deck 5 is a glamorous, contemporary interpretation of a classic American grill. Along with avant-garde appetizers, savory soups and tantalizing desserts, the stars of the evening are the main courses with eight USDA Prime, dry-aged steaks to choose from, plus an enticing selection of lamb, pork, poultry and seafood specialties. This elegant venue is only open for dinner, and reservations are required.

Reservations for Prime 7 can be made in Compass Rose Restaurant, Signatures and Prime 7 Restaurant during opening hours. Please respect the time of your reservation so that we can provide you and your fellow guests with the ultimate service. In order to ensure the authenticity and quality of the recipes, we are unfortunately unable to accommodate alterations from this menu or special requests.

## Signatures



Located on Deck 5 aft, Signatures is one of two specialty restaurants on board. An exclusive French menu, created by our Executive Chef du Cuisine, is presented in the classic à la carte tradition. This elegant venue is only open for dinner, and reservations are required. Reservations for a table in Signatures can be made in Compass Rose Restaurant, Signatures and Prime 7 Grill during open hours. Please respect the time of your reservation so that we can provide you and your fellow guests with the ultimate service. In order to ensure the authenticity and quality of this dining experience, we are unfortunately unable to accommodate alterations from this menu or special requests.

## POOL GRILL



Located poolside on Deck 11, this casual venue is the perfect place for a hearty snack. We serve the Fitness Breakfast until 9:30am, with healthy options and a selection of juices. At 11:00am, hamburgers, sandwiches, hot dogs, salads, fresh fruit, ice cream and smoothies are all served in this casual outdoor environment.

## COFFEE CONNECTION

Located on Deck 5 forward, Coffee Connection is your informal destination to relax, meet other guests and enjoy coffee and snacks throughout the day. In addition to coffee selections, food is available. Breakfast options include cereals, fruits, pastries and bagels. Lunch includes cold cuts, cheeses, assorted rolls and spreads, and cookies. Sandwiches, cookies, dry cakes and fruit are available in the afternoon.

## HORIZON LOUNGE

Located on Deck 5, the Horizon Lounge offers an elegant afternoon tea. We invite you to sample a variety of pastries and sandwiches, accompanied by your preferred cup of tea or coffee against a backdrop of familiar tunes.

In the evening, the Horizon Lounge is the ideal place for cocktails or to simply relax and unwind with an after-dinner drink. Our resident musicians will entertain daily during teatime as well as before and after dinner. Game shows and other entertainment may be scheduled at the discretion of the Cruise Director.



## VOYAGER LOUNGE

Located on Deck 4 mid-ship, the Voyager Lounge is the perfect venue to meet friends and fellow travelers for a pre-dinner cocktail. After dinner, the Voyager Lounge turns into a nightclub and is the place for those night owls wanting to dance into the night or maybe sing along in a karaoke competition. Musicians will entertain nightly.

## CONNOISSEUR CLUB

Located on Deck 4 Forward, the Connoisseur Club is where you can order a rare vintage cognac or port and pick a fabulous Cuban cigar. This elegant hideaway provides comfortable leather armchairs and a club-like atmosphere.

## OBSERVATION LOUNGE

Located on Deck 11 forward, the Observation Lounge is a quiet place to read and relax while watching the spectacular views Seven Seas Voyager offers upon entering or leaving the various ports of call. The Observation Lounge musicians will entertain daily and it is the perfect spot for pre-dinner cocktails or a nightcap.



## POOL BAR

Located on Deck 11 outside area by the pool, you can join your fellow guests for a cocktail or frozen drink in the relaxed atmosphere of the Pool Bar.

***Please note: The minimum legal age for drinking alcoholic beverages on board the ship is 21 years. Our staff is instructed not to serve any beverages that contain alcohol to guests below this age.***

## A DESCRIPTION OF OUR SHIPBOARD DRESS CODES

Until 6pm each evening, a daytime dress code will apply, consisting of resort style clothing including shorts, warm-up suits, jeans and sneakers. Kindly note that bare feet are only acceptable on the Pool Deck and that Bathing Suits are not considered appropriate in any indoor venue but can be worn at the Pool Grill and Bar.

The evening dress codes apply from 6pm. Elegant Casual consists of a skirt or slacks with a blouse or sweater, pant suit or a dress for ladies and slacks and a collared shirt with an optional sports jacket for gentlemen. Please note that jeans, T-shirts, tennis shoes, shorts, sneakers and bathrobes are not considered appropriate in any public area after 6pm.

On cruises of sixteen nights or more Formal Optional attire is also included. On the final evening of the cruise, we appreciate that many guests will be packing and preparing for disembarkation. The dress code is therefore Relaxed Casual to reflect this.

### TODAY'S WEATHER

Light Showers

HIGH 67°F /19°C



### INTERNET PACKAGES

Guests are reminded that the 'Full Cruise Package' option at \$29.99 per day is only available at the beginning of the cruise. Any guests wishing to take advantage of this package should select this option before 6pm, on August 30th as it will not be available after this time. The option to purchase a 200-minute plan is available at \$160 for the remainder of the cruise.

## FIRST TIME CRUISERS GET TOGETHER

Enjoy this informal gathering with Cruise Consultant Gudrun Werner for a chance to discover the world of Regent and the Seven Seas Voyager

**6:15pm • Horizon Lounge (5)**



REGENT proudly presents



Accompanied by the Regent Signature Orchestra

**9:15pm • Constellation Theater (4/5)**

### MEET GUEST ENTERTAINER - LA MUSICA DUO

Adam and Lisa are an attractive partnership with an outstanding vocal ability. Described as 'Contemporary Classical' they perform an interesting mix of music in their own unique style

Performing in English, Italian, Spanish and French, they have wowed audiences all over the world aboard luxury cruise liners, on major celebrity events, in prestige hotels, television and theatres, from the west end to the far east.

They perform an eclectic mix of popular songs, incorporating singing, instrumental performances, humorous interaction with the audience and costume changes performed in their own breathtaking style.

### TIME CHANGE

Please note: The ship's time moves ONE HOUR FORWARD between August 27 and 28. Kindly adjust your clocks before retiring this evening

## A MESSAGE FROM OUR CONCESSIONAIRES



### CRUISE CONSULTANT

Your onboard Cruise Consultant, Gudrun Werner, would like to extend a warm welcome to all Seven Seas Society members as well as our guests sailing with Regent for the very first time.

Visit Gudrun during your voyage for detailed information on Regent Seven Seas Cruises' upcoming voyages in 2014 and 2015, special promotions & savings and learn more about exclusive onboard booking incentives

CRUISE CONSULTANT, DECK 5



### REGENT BOUTIQUE

A warm welcome on board from Boutique Manager Miglena, Jeweler Anna, and the Boutique team, Vicky, Genevieve and Muireann.

Joining us this cruise will be Ian McCormick. Ian is a specialist in Russian art forms and he lectures on the unique miniature painting that has gained more and more acclaim in the rest of the world since the fall of communism. Come and meet Ian tonight in the Boutiques, deck 5.

The shops on board will be featuring a huge selection of Russian gifts, souvenirs and handicrafts as we arrive in St. Petersburg

*Shipboard credit can be used for any purchases made in the Boutiques*

BOUTIQUE, DECK 5



### THE CASINO

Casino Manager Tony and his team invite you to the Casino! We offer a wide range of slot machines as well as popular live games such as Black Jack, American Roulette, 3-Card-Poker and Dice.

Please check the ship's daily *Passages* for Casino opening hours and promotions. Good luck!

CENTURY CASINO, DECK 4



### CANYON RANCH SPA CLUB®

"The Power of Possibilities" - Canyon Ranch SpaClub welcomes you aboard. Visit our SpaClub facilities and find an array of treatments Canyon Ranch has to offer. You'll find a place where you can relax, reduce stress and have a great time. This is a unique chance for you to discover your potential and begin some lifestyle changes. Please stop by to learn more about our wonderful services and great value packages that are available this voyage. Onboard credit applicable on any services or products at Canyon Ranch SpaClub

CANYON RANCH SPA CLUB, DECK 6

## OPENING HOURS & SERVICES

### Boutique

Deck 5  
From 6pm to 11pm

### Canyon Ranch SpaClub®

Deck 6 Forward  
Spa, Beauty Center  
and Skin Care;  
From Noon to 9pm  
*SpaClub® guests must be at least  
18 years old. No smoking allowed.  
Alcoholic beverages are not served  
or permitted.  
Please allow a 6-hour notice for  
cancellations to avoid being charged.*

### Century Casino

Deck 4  
Slots: From 7:30pm to Closing  
Live Gaming Tables:  
From 7:30pm to Closing

### Cruise Consultant

Deck 5  
*Afternoon hours are by appointment.  
Appointments may be made by  
dialing Reception (0)*

### Destination Services

Deck 5  
From 12pm to 9pm  
*The booking deadline for tours in  
Zeebrugge is 6pm and in Amsterdam  
is 8pm*

### Executive Concierge

Deck 5, Atrium

### Fitness Center

Deck 6 Forward  
Open daily from 6am to 9pm  
*Children under the age of 16 are  
not permitted in the fitness center.  
Children aged 16 to 17 years of age  
may use the equipment in the facility  
if accompanied by a parent or other  
legal guardian at all times*

### Internet Manager

Deck 5  
Internet Manager  
in attendance:  
From Noon to 4pm  
From 5pm to 7:30pm

### Library

Deck 6  
Open 24 hours a day  
for books and DVDs.

### Medical Services

Deck 3  
Consultation Hours:  
From 6pm to 7:30pm  
Dial "0" for Emergency  
Appointments

### Pool & Whirlpools

Deck 11 (*weather permitting*)  
Daily from 7:30am to 8pm

### Reception Desk & Purser's Office

Deck 5, Atrium  
Open 24 hours a day

### Self Service Laundrettes

Decks 6, 7, 8, 9 & 10 Aft  
Daily from 7am to 10pm

### Sports Deck

Deck 12 (*weather permitting*)  
From 7am to 7pm  
*Shuffleboard, golf equipment and  
paddle tennis are available.  
Ping Pong table is on Deck 11*

## DINING OPTIONS

### Lunch Is Served

LA VERANDA BUFFET (11) Noon-3pm  
POOL GRILL (11) Noon-4pm

### Snacks

COFFEE CONNECTION (5) 11am-5pm

### Afternoon Teatime

HORIZON LOUNGE (5) 4:00pm-4:30pm

### Dinner Is Served

COMPASS ROSE RESTAURANT (4) 6:30pm-9:30pm  
SETTE MARI AT LA VERANDA (11) *Portside* 6:30pm-9pm  
PRIME 7: *by reservation* (5) 6:30pm-9pm  
SIGNATURES: *by reservation* (5) 6:30pm-9pm

## BAR HOURS

POOL BAR (11) (*weather permitting*) 11am-6pm  
VOYAGER LOUNGE (4) 5pm-Late  
HORIZON LOUNGE (5) 12pm-Midnight  
CONNOISSEUR CLUB (4) 5pm-Late  
OBSERVATION LOUNGE (11) 3pm-Midnight  
CONSTELLATION THEATER (4/5) 9pm-9:30pm

## TELEPHONE NUMBERS

BOUTIQUE (5) 4260  
CASINO (4) 3418  
CANYON RANCH SpaClub® (6) 4500  
CRUISE CONSULTANT (5) 2480  
DESTINATION SERVICES (5) 2222  
EMERGENCY 9999  
FITNESS CENTER (6) 3487  
HOSPITAL (3) 4310  
*For emergency appointments, dial* "0"  
INTERNET ROOM (5) 1508  
RECEPTION (5) 0  
ROOM SERVICE 8888

### Health Advisory

Regent Seven Seas Cruises strongly encourages guests to practice good hygiene by washing one's hands frequently and thoroughly with soap and warm water. Procedures are in place onboard to disinfect and sanitize public areas including door handles, railings and elevator buttons. Guests are also kindly reminded to use the utensils provided in the handling of food at the buffet stations.