

PASSAGES

THE DAILY NEWSLETTER ABOARD REGENT SEVEN SEAS CRUISES

THURSDAY, AUGUST 28, 2014 | ZEEBRUGGE, BELGIUM

SEVEN SEAS VOYAGER | EVENING DRESS CODE: ELEGANT CASUAL

DOCKED: 8AM | ALL ABOARD: 5:30PM | SAILING: AT 6:00PM

Explore Zeebrugge



For most travellers, nearby Bruges is the main reason to put this region of the world on their list of places to visit. The capital of the province of West Flanders, Bruges is world famous for its historic city center. As important as Zeebrugge is from an economic perspective – primarily due to the port – it is probably not a wild guess to assume that Zeebrugge (literally: Bruges-on-sea) will continue to live in the shadows when it comes to tourism.

In all honesty, Zeebrugge will be in good company. Bruges is a difficult destination to compete with in almost any field, whether it concerns historic or atmosphere. It's not a coincidence that the entire historical city center has been included on UNESCO's World Heritage list. This city of some 120,000 inhabitants even features 100 kilometers of canals, something that has resulted in the city being referred to as "the Venice of the North" (a nickname that, of course, also applies to a couple of other northern cities, such as Amsterdam and Stockholm). What makes this destination truly unique, however, is the fact that the city was not redeveloped for some 400 years. After experiencing its golden age as an important economic hub from the 12th to the 15th century, it lay more or less dormant until the end of the 19th century. Then the novelist George Rodenbach came along. He wrote the novel *Bruges-la-Morte* (Bruges the Dead), which is

widely considered to have sparked the second (ongoing) golden age of this destination. The city became fashionable once again.

Although important, history is only one aspect of this fascinating city, where fortifications from the first century B.C. have been encountered. There is, of course, also a modern side to Bruges – not least following the role the city had as European Capital of Culture in 2002. In connection with that event, a number of modern buildings were erected as a way to nuance the city's image. The international music and performing arts center Concertgebouw is one example, located not far from the city center. Bruges is also famous for its many museums, which bear witness to the city's rich heritage. For fine arts, visit the Groeningemuseum with its collection of artwork from the south Netherlands and Belgium over a period of six centuries. At Arentshuis, experience the rich drawing collection of the Steinmetzkabinet as well as a permanent presentation base on the artist Frank Brangwyn.

Minnewater, or the Lake of Love, is arguably one of the most romantic spots in Bruges. At one time, this area constituted the city's port at the same time that it was home to the Begijnhof community – a sisterhood who lived as nuns. They did not take vows, however, meaning that they could return to the material world.

Culinary CORNER



RESERVE WINES

The Reserve Wine List contains a selection of some of the world's finest Champagnes and wines. Should you wish to make a selection, or perhaps just to browse through it, please inform our Cellar Master Michaela who is more than pleased to discuss your selection with you. *Regent Seven Seas Cruises holds a strict alcoholic beverage service policy. The minimum legal age for drinking alcoholic beverages on board this vessel is 21 years*

TODAY'S WEATHER

Cloudy with occasional light rain

HIGH 68°F / 20°C



GOING ASHORE INFORMATION

The ship will be docked at
Port of Zeebrugge - Berth 103
(Leopold II Dam)

**Please remember to carry your Suite
Key Card and Passport when going
ashore**

PORT AGENT INFORMATION

Minne Port Services
Britse Kaai 8
8000 Brugge
Belgium
Telephone: +32 (0) 50 33.34.22

MONEY MATTERS

The currency in Belgium is
the Euro (EUR).
The exchange rate is approximately:
US \$1 = 0.67 EUR
Euros are now available for
purchase at the Reception (5).

DESTINATION SERVICES

THE FOLLOWING TOURS MEET IN THE CONSTELLATION THEATER (4)

ZEE-001	BRUGES - A MEDIEVAL GEM	8:45 AM
ZEE-002	BRUSSELS IN A DAY	8:15 AM
ZEE-003	BRUGES ON YOUR OWN	9:00 AM
ZEE-006	BRUGES & BELGIAN CHOCOLATES DEMONSTRATION	8:15 AM
ZEE-007	EXPLORE BRUGES	9:45 AM
ZEE-013	PANORAMIC GHENT BY CANAL BOAT	9:15 AM
ZEE-014	YPRES, IN FLANDERS FIELDS	8:45 AM

THE FOLLOWING TOURS MEET ON THE PIER

ZEE-005	BRUGES AT YOUR OWN PACE	12:45 PM
ZEE-010	BRUGES SIGHTS & BEER TASTING	12:15 PM

A local tourist representative will be available next to Destination Services (5) to assist with maps, guides and local information

Shuttle Service schedule is available from the Destination Services Desk and the Hospitality Desk

CAPTAIN'S WELCOME RECEPTION

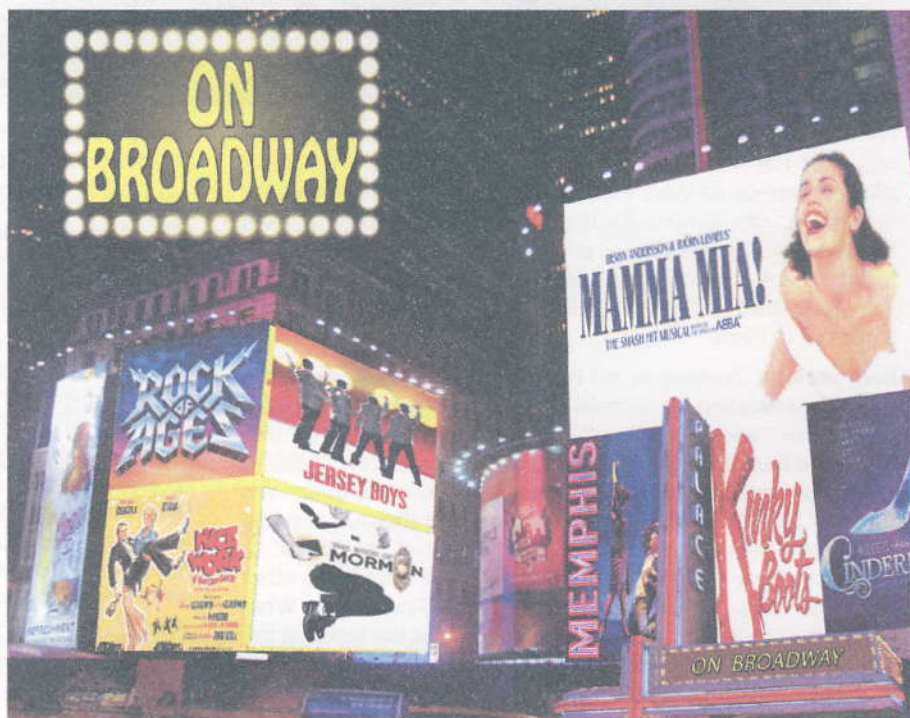
Captain Gianmario Sanguineti cordially invites all guests to meet for cocktails and canapés prior to the introduction of the Senior Officers

6:15pm • Constellation Theater (4)



REGENT proudly presents

THE JEAN ANN RYAN COMPANY IN ON BROADWAY



Live with the Regent Signature Orchestra
9:30pm • Constellation Theater (4/5)

top 5 reasons
TO BOOK YOUR
NEXT VOYAGE
ONBOARD



- Onboard Savings of \$200-\$8,000 Per Suite on Most Voyages
- Exclusive 2-for-1 Reduced Deposits for All Sailings
- Flexibility to Change Your Voyage Once and Earn Applicable Onboard Savings
- 100% Refundable Deposit Within 30 Days of Debarkation
- Secure Your Next Voyage and Preferred Suite Now

VISIT CRUISE CONSULTANT, GUDRUN, TO BOOK YOUR NEXT VOYAGE

A MESSAGE FROM OUR CONCESSIONAIRES

WHAT MAKES IT TICK?

Join our boutiques team this evening for a chance to see the full range of our exquisite time pieces on board Regent Seven Seas Voyager, from Citizen to Raymond Weil at up to 20% off US Retail!

BOUTIQUE, DECK 5



678 NIGHT

We have a special rule for you tonight on Blackjack. Try to make a straight with the cards six, seven and eight for 21 to receive a bonus payout on the spot (2:1)

Casino Manager Tony and his team welcome you to the casino. Come and try your luck on one of our tables!

CENTURY CASINO, DECK 4

CANYON RANCH SKINCARE

Nothing feels better than a facial, and our facials which range - which range from classic and high-tech - are the ultimate pleasure. Pamper yourself - You'll love the way you look and feel. Optional Decolette, Eye Treatments and Mask Add-ons also available. Ask your onboard Aestheticians for a complimentary skincare analysis.

CANYON RANCH SPA CLUB, DECK 6



OPENING HOURS & SERVICES

Boutiques

Deck 5
From 6:30pm to 11pm

Canyon Ranch SpaClub®

Deck 6 Forward
Spa, Beauty Center
and Skin Care:
From 8am to 9pm
SpaClub® guests must be at least 18 years old. No smoking allowed. Alcoholic beverages are not served or permitted. Please allow a 6-hour notice for cancellations to avoid being charged.

Century Casino

Deck 4
Slots: From 7:30pm to Closing
Live Gaming Tables:
From 7:30pm to Closing

Cruise Consultant

Deck 5
From 8:30am to 10am
From 4pm to 5:30pm
Afternoon hours are by appointment. Appointments may be made by dialing Reception (0)

Destination Services

Deck 5, Atrium
From 7:15am to 11am
From 5pm to 9pm

Executive Concierge

Deck 5, Atrium
From 8am to 12 Noon
From 4pm to 8pm

Fitness Center

Deck 6 Forward
Open daily from 6am to 9pm
Children under the age of 16 are not permitted in the fitness center. Children aged 16 to 17 years of age may use the equipment in the facility if accompanied by a parent or other legal guardian at all times

Internet Manager

Deck 5
Internet Manager
in attendance:
From 7:30am to 10:30am
From 4pm to 7pm

Library

Deck 6
Open 24 hours a day
for books and DVDs

Medical Services

Deck 3
Consultation Hours:
From 8am to 9:30am
From 6pm to 7:30pm
Dial "0" for Emergency
Appointments

Pool & Whirlpools

Deck 11 (*weather permitting*)
Daily from 7:30am to 8pm

Reception Desk & Purser's Office

Deck 5, Atrium
Open 24 hours a day

Self Service Laundrettes

Decks 6, 7, 8, 9 & 10 Aft
Daily from 7am to 10pm

Sports Deck

Deck 12 (*weather permitting*)
From 7am to 7pm
Shuffleboard, golf equipment and paddle tennis are available. Ping Pong table is on Deck 11

DINING OPTIONS

Breakfast Is Served

POOL GRILL (11) 6:30am-9:30am
Fitness Breakfast

ROOM SERVICE 6:30am-10am

COFFEE CONNECTION (5) 6:30am-11am

LA VERANDA (11) 7am-10am

COMPASS ROSE RESTAURANT (4) 8am-9:30am

Snack Time

POOL BAR (11) *Bouillon is Served* 10:30am-11:30am

COFFEE CONNECTION (5) 11am-5pm

Lunch Is Served

POOL GRILL (11) 11am-4pm

COMPASS ROSE RESTAURANT (4) 12 Noon-1:30pm

LA VERANDA BUFFET (11) 12 Noon-2pm

Afternoon Teatime

HORIZON LOUNGE (5) 4pm-5pm

Dinner Is Served

COMPASS ROSE RESTAURANT (4) 6:30pm-9:30pm

SETTE MARI AT LA VERANDA (11) *Portside* 6:30pm-9pm

PRIME 7: *by reservation* (5) 6:30pm-9pm

SIGNATURES: *by reservation* (5) 6:30pm-9pm

Reservations for Prime 7 & Signatures can be made at the Compass Rose Restaurant entrance during breakfast and lunch hours

BAR HOURS

POOL BAR (11) (*weather permitting*) 10am-6pm

VOYAGER LOUNGE (4) 5pm-Late

HORIZON LOUNGE (5) 1pm-Midnight

CONNOISSEUR CLUB (4) 5pm-Late

OBSERVATION LOUNGE (11) Noon-Midnight

CONSTELLATION THEATER (4/5) 9pm-9:30pm

TELEPHONE NUMBERS

BOUTIQUES (5) 4260

CASINO (4) 3418

CANYON RANCH SpaClub® (6) 4500

CRUISE CONSULTANT (5) 2480

DESTINATION SERVICES (5) 2222

EMERGENCY 9999

FITNESS CENTER (6) 3487

HOSPITAL (3) 4310

For emergency appointments, dial "0"

INTERNET ROOM (5) 1508

RECEPTION (5) 0

ROOM SERVICE 8888

IMPORTANT INFORMATION - FREE UNLIMITED SHORE EXCURSION PROGRAM

Guests should know that all tours are capacity controlled so as to ensure maximum enjoyment. Therefore if your plans change during the course of the cruise or you wish to make changes, please ensure you return any tickets you do not wish to use before the booking deadlines. This will allow guests on the waiting list to join the tour if you do not intend to participate. Exchanges or other changes cannot be made after the booking deadlines which are printed on the Shore Excursion Overview and Booking Forms. You may return your ticket(s) to the Destinations Desk or during other times, unwanted tickets may be returned to the "Drop Box" at the Destinations Desk. Please note that Regent choice tours are non-refundable past the cancellation deadline.

We thank you for your cooperation and understanding so that all guests can benefit from the "Free Unlimited Shore Excursion" Program.